



Saint Thomas Aquinas Catholic Church

210 S Wesley STREET- Indianola, IA 50125
Weekend Mass Saturday 4:30 pm, 8:00 am, 10:15 am,
Tuesday- 6:00 pm mass

Daily Mass: WEDNESDAY-Friday 8:00 am
1st Tuesday of the Month at Good Samaritan Nursing Home 9:30 am
Simpson Masses start September

St Thomas Aquinas Staff & Committees

Pastor Fr. Adam Westphal	515-961-3026
Deacon Dave O'Brien	515-961-3026
Business Manager Leasa Garrett	515-961-3026
Director of Religious Education JoAnn Sayre	515-961-3026
Youth Minister (STAT) Alex Miller	
Assistant Director of Religious Ed Elizabeth Williams	
Maintenance: Jack Slinker/Steve Garrett	515-961-3026
Chaplain to Nursing Homes: Call the office	515-961-3026
Trustees: Johna Clancy / Tim Gauger	515-961-3026
Pastoral Council, Chair: Mimi Kelly	515-321-4286
Social Concerns: Kris Gross	515-210-0169
Creation Care Team: Rita Bresnan	515-783-0643
Altar & Rosary (STARS): Kassi Hoxmeier	308-991-7927
Caring Hands, Pastoral Care: Nancy Cambron	515-240-5227
Parish Relations: Kristi Hartford	515-961-3026
Worship/Liturgy: Joyce DeGroote	515-783-3890
Hall Committee: Cathy Krapfl, Kristen Hanes, Kevin Parker and Leasa Garrett	
Buildings and Grounds Chair: Bob Ormsby	
Knights of Columbus: Jack Slinker	Koc.Indianola@gmail.com

Perpetual Adoration Wednesday from 9am to 9pm
And Friday mornings from 9:00am to noon.

ROSARY: Please join us in praying the rosary every Tuesday evening starting at 6:30pm in the church as we pray for peace, families and your special intentions. Also Wednesday, Thursday and Friday mornings the rosary is prayed at 7:40am.

Liturgy of Baptism: Parents are requested to call the Parish Office to arrange for pre-baptism sessions and must be registered with the church, one sponsor must be Catholic.

Liturgy of Marriage: Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

Prayer Chain: Our parish has a prayer chain for special intentions. Requests can be for anyone in need.
Prayer requests call Kris Gross 210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 240-0299

Care of the Sick & Shut-ins: Call to request the Sacrament of the Sick, the Eucharist or to be placed on the Prayer Chain.

Newcomers/Addresses: Register in person; call the Office for Appointment.

Change of Address: Notify the office when you change your address.

Bulletin Announcements: Information must be in by 4PM on Tuesday to Leasa Garrett-lcs3garr@yahoo.com

January 29

FOURTH SUNDAY OF ORDINARY TIME

70: Zep 2:3; 3:12-13 Ps 146:6-10 1 Cor 1:26-31 Mt 5:1-12a
8:00 am Mass at St. Thomas—Tom Duffy
10:15 am Mass at St. Thomas—For the people
5:00 pm Mass at Simpson College

January 30

WEEKDAY

323: Heb 11:32-40 Ps 31:20-24 Mk 5:1-20
No 8:00 a.m. Mass at St. Thomas

January 31

SAINT JOHN BOSCO

324: Heb 12:1-4 Ps 22:26-28, 30-32 Mk 5:21-43
see 523: Phil 4:4-9 Mt 18:1-5
6:00 pm Mass at St Thomas—Gerald & Delphine Schneider
6:30 pm Rosary at St. Thomas

February 1

WEEKDAY

325: Heb 12:4-7, 11-15 Ps 103:1-2, 13-14, 17-18a Mk 6:1-6
8:00 am Mass at St Thomas—John & Donna Sereg

February 2

THE PRESENTATION OF THE LORD

524: Mal 3:1-4 Ps 24:7-10 Heb 2:14-18
Lk 2:22-40 or 2:22-32
8:00 am Mass at St Thomas—Beverly Krier

February 3

WEEKDAY

327: Heb 13:1-8 Ps 27:1, 3, 5, 8-9 Mk 6:14-29 -32
8:00 am Mass at St. Thomas—Tom Duffy

February 4

WEEKDAY

328: Heb 13:15-17, 20-21 Ps 23:1-6 Mk 6:30-34
3:30 p.m.—4:15 p.m. Sacrament of Reconciliation
4:30 pm Mass at St. Thomas—Dianne Funk

February 5

FIFTH SUNDAY OF ORDINARY TIME

73: Is 58:7-10 Ps 112:4-9 1 Cor 2:1-5 Mt 5:13-16
8:00 am 8:00 am Mass at St. Thomas—Preston Pettit
10:15 am Mass at St. Thomas—For the people
5:00 pm Mass at Simpson College

Office Hours: Monday-Friday 9:00 a.m.-4:00 p.m. Closed for lunch Monday-Friday (12 p.m.-1 p.m.)
Parish Office: 515-961-3026 Website: stthomasindianola.com Facebook: St. Thomas Church, Indianola IA

For Emergencies contact the office 515-961-3026 when prompted push #7

Father Adam's Five

for January 27-February 2:

1. Coffee with Jesus will be Feb 4; join the group through the app!
2. The directory is coming along nicely. We have 26 people who have completed the whole process. To begin the process, please go to www.tinyurl.com/sta-directory
3. If you are interested in getting involved in Parish Life, please check out the "groups" icon on the Church Center app.
4. Ignite! Update: One of the projects we are focusing on is the St. Thomas Statue. We've had a bit of a journey trying to figure out what St. Thomas looked like before he was broken; apparently the accident happened prior to 1995. We finally found an old picture of St. Thomas, which is below! We are working on finding an artisan to repair him.
5. We are over 100% for pledges for the Ignite! Campaign. Once we hit 100% of our goal collected, we get back 75% of what we raise.

Sign up for Good Shepherd catechist training by February 1

Do you love children and want to help them experience the joy and closeness of Jesus? We are looking for more Good Shepherd teachers to keep our parish program growing.

The unique program of Catechesis of the Good Shepherd (CGS) requires special training for its teachers and the training is only offered occasionally in the Des Moines area.

The next training for CGS Level 1 Catechist will begin February 17-19 in Norwalk at St. John's the Evangelist church. The deadline to register is Wednesday, February 1.

It's a large time commitment (once a month for eight months – Friday evening for 3 hours and then Saturday 10:30-4:30). But, oh so worth it! It's like getting a degree in child development and Catholic theology. The insights gained are invaluable and will make you a better parent/grandparent/teacher.

Please contact JoAnn at the church office or Elizabeth (fecwilliams@msn.com) if you are interested. Everyone who has gone through this program has been amazed at how much their faith has grown and their understanding of children has been enriched. Please faithfully consider signing up.



CGS Catechist

Just a reminder that if you haven't registered for the CGS Catechist Winter retreat already, you need to do so by this Thursday night, January 26.

Please call, text, or email with questions to:

Michelle Helm
mhelm@cgsiowa.org
515-505-0280

Our deepest condolences go out to the Bianchi family, for the death of **Gary Bianchi**, who's funeral was celebrated this past week. He will be greatly missed. Please remember him, as well as Karen and his family in your prayers.

**Eternal rest grant unto Him, O Lord
And let perpetual lights shine upon Him.
May he rest in peace, Amen**



Our deepest condolences go out to the Garrett family, for the death of **Janie Garrett**, the mother of Steve Garrett who's funeral was celebrated this past Wednesday. Please remember her, as well as Steve, Leasa and Collin and the entire family in your prayers.

**Eternal rest grant unto Her, O Lord
And let perpetual lights shine upon Her.
May she rest in peace, Amen**



Prayer List

For all those in need.

Duffy Metz, Winston Sayre

Doug Andreassen, Ed Leinen, Jean Veasman,

Mike Metz, Patrick Shandley,

& for the Souls in Purgatory

Please contact Jackie Ward at jjward71@gmail.com or
515-250-7385,

Kris Gross at 210-0169 or Debbie McDaniel at 240-2029
to put someone on the Prayer Chain. They will notify the rest
of the group to start immediate prayers for
you or your loved one in need.

We would like to offer a prayer shawl to parishioners who are ill
or in need of comfort.

The shawls were prayed over when created. Please make your
request through one of the prayer chain leaders.

Please contact Leasa Garrett (961-3026) to add a name
to the list published in the bulletin.

Names will remain on the list for a month unless

Thursday Adoration Update

We continue to make progress on filling holy hours on Thursday so that we can do exposed adoration. We still need 8 more adorers.

Here are the hours needed. It would be great to have these hours filled before Lent begins. Please consider signing up to spend an hour with Jesus at one of these times.

To sign up or if you have questions, call Anitta at 515-344-7850 or by email at spennani1976@outlook.com

1 adorer needed for noon and 1 pm on Thursdays
2 adorers still needed for 3, 4 and 5 pm on Thursdays

We also could use a couple of subs on Wednesday until early April. We need 1 from 3-4 pm now through February and 1 from 4-5 pm February 15 through April 5. Please let me know if you are able to assist. We have one adorer present during these times but it would be nice to have an extra/back up adorer.

Thank you and God Bless



Mark your Calendars

St. Thomas Aquinas will be hosting the **Eucharistic Miracles of the World Exhibit** from January 31st through February 14th thanks to Iowa Catholic Radio. The Vatican approved International Exhibit was designed and created by Blessed Carlo Acutis. Carlo, an artist, cartoonist and avid computer enthusiast created the art for the panels before his death from leukemia at age 15. The banners will be displayed throughout the building to increase awareness of the Real Presence of our Lord in the Eucharist and promote Eucharistic Adoration.

What is a Eucharistic Miracle?

Eucharistic miracles consist of unexplainable phenomena occurring after transubstantiation, such as a host visibly transforming into human tissue, a host surviving fire, a host bleeding or the Eucharist alone providing sustenance to a human being for a prolonged period of time.

In order to be considered a Eucharistic miracle, the event is investigated by a special task force before deciding it is worthy of belief. Secular sources are often used to investigate and confirm the miracle. Belief in approved miracles is not mandated by the Catholic Church but can reassure believers of God's presence in our world.

Knights of Columbus Free Throw Shooting Contest

The Knights of Columbus Free Throw Shooting Contest will be on Saturday, February 4, at 1:00 PM at the Street Gymnasium in the Indianola Middle School. All children ages 9-14 are encouraged to participate. Medals will be given to first and second place winners in each age division. See Adam Naughton for an entry form or come to the Street Gym and sign up before the competition.



End of Year Statements

Please pick up your end of year Statements on the table near the west wall under the Popes Picture. The statements will be mailed out on Monday 1-30. (Stamps are expensive so please pick them up). Thank you



Creation Care Corner

Taking action to protect God's great gift to us,
Mother Earth

"All of us can cooperate as instruments of God for the care of creation..."

—Pope Francis

THIS WEEK'S STEWARDSHIP RECOMMENDATION:

Water heaters are the 2nd highest source of energy usage in the home. Save money and significantly reduce carbon emissions two ways: 1) wrap it in an insulating blanket - costing only about \$25 at your local home center, 2) turn down the thermostat from 140° (the standard factory setting) to 120°. Also, if it's time to replace the unit, consider a tankless water heater. Tankless units heat water only when needed and can achieve greater efficiency than standard tank-type water heaters. When replacing your water heater, make sure it's Energy Star rated. For more info on energy efficient water heating go to www.energy.gov/energysaver/water-heating/

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