



# Saint Thomas Aquinas Catholic Church

210 S Wesley STREET- Indianola, IA 50125  
 Weekend Mass Saturday 4:30 pm , 8:00 am, 10:15 am,  
 Tuesday- 6:00 pm mass  
 Daily Mass: WEDNESDAY-Friday 8:00 am  
 1st Tuesday of the Month at Good Samaritan Nursing Home 9:30 am  
 Simpson Masses start September

## St Thomas Aquinas Staff & Committees

Pastor Fr. Adam Westphal	515-961-3026
Deacon Dave O'Brien	515-961-3026
Business Manager Leasa Garrett	515-961-3026
Director of Religious Education JoAnn Sayre	515-961-3026
Youth Minister (STAT) Alex Miller	
Assistant Director of Religious Ed Elizabeth Williams	
Maintenance: Jack Slinker/Steve Garrett	515-961-3026
Chaplain to Nursing Homes: Call the office	515-961-3026
Trustees: Johna Clancy / Tim Gauger	515-961-3026
Pastoral Council, Chair: Mimi Kelly	515-321-4286
Social Concerns: Kris Gross	515-210-0169
Creation Care Team: Rita Bresnan	515-783-0643
Altar & Rosary (STARS): Kassi Hoxmeier	308-991-7927
Caring Hands, Pastoral Care: Nancy Cambron	515-240-5227
Parish Relations: Kristi Hartford	515-961-3026
Worship/Liturgy: Joyce DeGroote	515-783-3890
Hall Committee: Cathy Krapfl, Kristen Hanes, Kevin Parker and Leasa Garrett	
Buildings and Grounds Chair: Bob Ormsby	
Knights of Columbus: Jack Slinker	Koc.Indianola@gmail.com

**Perpetual Adoration** Wednesday from 9am to 9pm  
 And Friday mornings from 9:00am to noon.

**ROSARY:** Please join us in praying the rosary every Tuesday evening starting at 6:30pm in the church as we pray for peace, families and your special intentions. Also Wednesday, Thursday and Friday mornings the rosary is prayed at 7:40am.

**Liturgy of Baptism:** Parents are requested to call the Parish Office to arrange for pre-baptism sessions and must be registered with the church, one sponsor must be Catholic.

**Liturgy of Marriage:** Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

**Prayer Chain:** Our parish has a prayer chain for special intentions. Requests can be for anyone in need.  
 Prayer requests call Kris Gross 210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 240-2029

**Care of the Sick & Shut-ins:** Call to request the Sacrament of the Sick, the Eucharist or to be placed on the Prayer Chain.

**Newcomers/Addresses:** Register in person; call the Office for Appointment.

**Change of Address:** Notify the office when you change your address.

**Bulletin Announcements:** Information must be in by 4PM on Tuesday to Leasa Garrett-lcs3garr@yahoo.com

## Sunday, February 5

### **FIFTH SUNDAY OF ORDINARY TIME**

73: Is 58:7-10 Ps 112:4-9 1 Cor 2:1-5 Mt 5:13-16  
 8:00 am 8:00 am Mass at St. Thomas—Preston Pettit  
 & Claire Wiedmaier  
 10:15 am Mass at St. Thomas—For the people  
 5:00 pm Mass at Simpson College

## Monday, February 6

### **SAINT PAUL MIKI & COMPANIONS**

329: Gn 1:1-19 Ps 104:1-2, 5-6, 10, 12, 24, 35 Mk 6:53-56  
 see 528: Gal 2:19-20 Mt 28:16-20  
 No 8:00 a.m. Mass at St. Thomas

## Tuesday, February 7 **WEEKDAY**

330: Gn 1:20-2:4a Ps 8:4-9 Mk 7:1-13  
 6:00 pm Mass at St Thomas—Tom Duffy  
 6:30 pm Rosary at St. Thomas

## Wednesday, February 8 **WEEKDAY**

331: Gn 2:4b-9, 15-17 Ps 104:1-2, 27-30 Mk 7:14-23  
 8:00 am Mass at St Thomas—John & Donna Sereg

## Thursday, February 9 **WEEKDAY**

332: Gn 2:18-25 Ps 128:1-5 Mk 7:24-30  
 8:00 am Mass at St Thomas—Eugene Keating

## Friday, February 10 **SAINT SCHOLASTICA**

333: Gn 3:1-8 Ps 32:1-2, 5-7 Mk 7:31-37  
 see 530: Sg 8:6-7 Lk 10:38-42  
 8:00 am Mass at St. Thomas—For the intentions of  
 Eugene & Marilyn Keating

## Saturday, February 11 **WEEKDAY**

334: Gn 3:9-24 Ps 90:2-6, 12-13 Mk 8:1-10  
 3:30 p.m.—4:15 p.m. Sacrament of Reconciliation  
 4:30 pm Mass at St. Thomas—Jim Hansen

## Sunday, February 12

### **SIXTH SUNDAY OF ORDINARY TIME**

76: Sir 15:15-20 Ps 119:1-2, 4-5, 17-18, 33-34 1 Cor 2:6-10  
 Mt 5:17-37 or 5:20-22a, 27-28, 33-34a, 37  
 8:00 am 8:00 am Mass at St. Thomas—Jim Hansen  
 10:15 am Mass at St. Thomas—For the people  
 5:00 pm Mass at Simpson College

Office Hours: Monday-Friday 9:00 a.m.-4:00 p.m. Closed for lunch Monday-Friday (12 p.m.-1 p.m.)  
 Parish Office: 515-961-3026 Website: [stthomasindianola.com](http://stthomasindianola.com) Facebook: St. Thomas Church, Indianola IA

**For Emergencies contact the office 515-961-3026 when prompted push #7**

## Father Adam's Five for February 3-February 9:

1. Coffee with Jesus will be Feb 4; join this wonderful woman's group through the app!
2. The directory is coming along nicely. More and more people have completed the whole process. To begin the process, please go to [www.tinyurl.com/sta-directory](http://www.tinyurl.com/sta-directory)
3. A calendar of Church events can be found at [www.tinyurl.com/STA-Calendar](http://www.tinyurl.com/STA-Calendar)
4. Someone asked me where to find "The Chosen", an artistic interpretation of the life and times of Jesus Christ (I like it). You can watch it online at <https://www.angel.com/watch/the-chosen>
5. We are over 100% in pledges for the Ignite! Campaign. After we've raised 100% of our goal, we start getting 75% of additional donations. Thanks for your support!

Join us every Wednesday, Thursday and Friday mornings at 7:40am to pray the rosary before Mass.



*"The Rosary is the 'weapon' for these times."*  
St. Padre Pio

Gathering Table this Monday February 6th. We can always use your help. Thank you.



### Grief Support Group Understanding Your Grief

**WHERE:** Meadow Glen Terrace  
712 S Jefferson Way, Bldg A  
Indianola, Iowa 50125

**WHEN:** 2nd Wednesday of each month  
From 4:30pm-6pm ~ For more info

**CALL:** Helen Kollasch 515-491-4106  
Vicky Oberheim-Vorwald 515-371-2609



Wed., February 8, 2023

Our deepest condolences go out to the Hughes family, for the death of **Larry Hughes**, who's funeral was celebrated this past Friday. He will be greatly missed. Please remember him, as well as his family in your prayers.

**Eternal rest grant unto Him, O Lord  
And let perpetual lights shine upon Him.**



## Religious Education News

**Here's an update of what our classes are doing in Religious Education.** Thank you, parents for all of your support.

8th grade: Finding God in the Mass, and in their journey through life

7th grade: The Old Testament — they are now studying the prophets and will soon begin the Exile.

6th grade: The 10 Commandments and will start soon on the Beatitudes.

5th grade: Finishing the Sacraments and next will study sacramental.

4th grade: The life of Jesus and his miracles and parables.

3rd grade: The Rosary and all the Mysteries of the Rosary.

2nd grade: Preparation for the sacraments of Reconciliation and Holy Communion.

**First Holy Communion will be April 30 at 10:15 Mass (changed from noon Mass).**

Good Shepherd: History of the Kingdom of God, **Jesus' parables, Mass participation** and practical life skills.

### Prayer List

For all those in need.

Duffy Metz, Winston Sayre

Doug Andreasen, Ed Leinen, Jean Veasman,

Mike Metz, Patrick Shandley,

& for the Souls in Purgatory

Please contact Jackie Ward at [jjward71@gmail.com](mailto:jjward71@gmail.com) or 515-250-7385,

Kris Gross at 210-0169 or Debbie McDaniel at 240-2029 to put someone on the Prayer Chain. They will notify the rest of the group to start immediate prayers for you or your loved one in need.

We would like to offer a prayer shawl to parishioners who are ill or in need of comfort.

The shawls were prayed over when created. Please make your request through one of the prayer chain leaders.

Please contact Leasa Garrett (961-3026) to add a name to the list published in the bulletin.

Names will remain on the list for a month unless

## Adoration

Have you felt the tug to deepen your relationship with Jesus? Has he been nudging you to consider adoration? Perhaps you are looking for a way to spend some extra quality time with Him? Perhaps you've read previous requests expressing a need for adorers and want to but just not sure you can make the commitment. I get it. In our busy lives it is hard to make yet another commitment but this commitment is one that can bring peace in an otherwise hectic and crazy world. It's a time of prayer, quiet reflection or increasing your knowledge of our faith through reading. Whether you read the bible, reflect on the gospel, learn more about the mass, the Eucharist or lives of the saints, its a great way to spend an hour each week away from the hustle and distraction of the world. St Theresa of Calcutta has had these things among others to say about the Eucharist:

- "The time you spend with Jesus in the Blessed Sacrament is the best time you will spend on earth. Each moment that you spend with Jesus will deepen your union with Him and make your soul everlastingly more glorious and beautiful in Heaven, and will help bring about everlasting peace on earth."
- and
- "Every Holy Hour we make so pleases the Heart of Jesus that it will be recorded in Heaven and retold for all eternity."

Jesus, present in the Holy Eucharist, waits day and night for us to come in spend time with him. Won't you make the commitment to spend one hour each week with him? If you think you can't possibly commit to every week, ask a friend to share the hour with you. I promise you, you will not regret it.

We have a need for 7 more adorers on Thursday so that we can have Jesus exposed 9am till 9pm; We need 1 adorer for the hours of noon, 1 and 4 pm and 2 adorers for the hours of 3 and 5pm. We also have hours available on Mondays and Tuesdays. Even though Jesus is not exposed on these days He is still present in the tabernacle.

Please contact Anitta Spenner at 515-344-7850 or via email at [spennani1976@outlook.com](mailto:spennani1976@outlook.com) to sign up today. You will be glad that you did.



St. Thomas Aquinas is hosting the **Eucharistic Miracles of the World Exhibit** is here from now through February 14th thanks to Iowa Catholic Radio. The Vatican approved International Exhibit was Designed and created by Blessed Carlo Acutis. Carlo, an artist, cartoonist and avid computer enthusiast created the art for the panels before his death from leukemia at age 15. The banners will be displayed throughout the building to increase awareness of the Real Presence of our Lord in the Eucharist and promote Eucharistic Adoration.

## What is a Eucharistic Miracle?

Eucharistic miracles consist of unexplainable phenomena occurring after transubstantiation, such as a host visibly transforming into human tissue, a host surviving fire, a host bleeding or the Eucharist alone providing sustenance to a human being for a prolonged period of time.

In order to be considered a Eucharistic miracle, the event is investigated by a special task force before deciding it is worthy of belief. Secular sources are often used to investigate and confirm the miracle. Belief in approved miracles is not mandated by the Catholic Church but can reassure believers of God's presence in our world.

## Creation Care Corner



*"All of us can cooperate  
as instruments of God  
for the care of Creation."  
— Pope Francis*

**Reducing air travel** can dramatically reduce your household carbon emissions. Air travel accounts for 12% of all U.S. transportation greenhouse gas emissions that warm the planet. Driving may be a better environmental option on shorter trips. Driving higher mileage cars with additional passengers is almost always a better environmental option. Reducing the number of flights you take is the most effective way of cutting your aviation footprint. If you have to fly, non-stop coach flights are typically the best alternative. Reducing the amount of stuff you take, and avoiding flights on very small or very large planes can also reduce your emissions impact. You can calculate emissions for various flight options at [www.google.com/flights/](http://www.google.com/flights/). To compare emissions for flying vs. driving for a specific trip, use the "car" tab and the "flight" tab on this calculator to compare at [www.carbonfootprint.com/calculator.aspx](http://www.carbonfootprint.com/calculator.aspx)



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