



Saint Thomas Aquinas Catholic Church

210 S Wesley STREET- Indianola, IA 50125
Weekend Mass Saturday 4:30 pm, 8:00 am, 10:15 am,
Tuesday- 6:00 pm mass
Daily Mass: WEDNESDAY-Friday 8:00 am
1st Tuesday of the Month at Good Samaritan Nursing Home 9:30 am
Simpson Masses start September

St Thomas Aquinas Staff & Committees

Pastor Fr. Adam Westphal	515-961-3026
Deacon Dave O'Brien	515-961-3026
Business Manager Leasa Garrett	515-961-3026
Director of Religious Education JoAnn Sayre	515-961-3026
Youth Minister (STAT) Alex Miller	
Assistant Director of Religious Ed Elizabeth Williams	
Maintenance: Jack Slinker/Steve Garrett	515-961-3026
Chaplain to Nursing Homes: Call the office	515-961-3026
Trustees: Johna Clancy / Kevin Miller	515-961-3026
Pastoral Council, Chair: Mimi Kelly	515-321-4286
Social Concerns: Kris Gross	515-210-0169
Creation Care Team: Rita Bresnan	515-783-0643
Altar & Rosary (STARS): Mindy Blanchard	515-961-3026
Caring Hands, Pastoral Care: Nancy Cambron	515-240-5227
Parish Relations: Kristi Hartford	515-961-3026
Worship/Liturgy: Joyce DeGroote	515-783-3890
Hall Committee: Cathy Krapfl, Kristen Hanes, Kevin Parker and Leasa Garrett	
Buildings and Grounds Chair: Bob Ormsby	
Knights of Columbus: Jack Slinker	Koc.Indianola@gmail.com

Perpetual Adoration Wednesday from 9am to 9pm
And Friday mornings from 9:00am to noon.

ROSARY: Please join us in praying the rosary every Tuesday evening starting at 6:30pm in the church as we pray for peace, families and your special intentions. Also Wednesday, Thursday and Friday mornings the rosary is prayed at 7:40am.

Liturgy of Baptism: Parents are requested to call the Parish Office to arrange for pre-baptism sessions and must be registered with the church, one sponsor must be Catholic.

Liturgy of Marriage: Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

Prayer Chain: Our parish has a prayer chain for special intentions. Requests can be for a anyone in need.
Prayer requests call Kris Gross 210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 240-2029

Care of the Sick & Shut-ins: Call to request the Sacrament of the Sick, the Eucharist or to be placed on the Prayer Chain.

Newcomers/Addresses: Register in person; call the Office for Appointment.

Change of Address: Notify the office when you change your address.

Bulletin Announcements: Information must be in by 4PM on Tuesday to Leasa Garrett-lcs3garr@yahoo.com

2024

Sunday, March 3

THIRD SUNDAY OF LENT

29: Ex 20:1-17 or 20:1-3, 7-8, 12-17 Ps 19:8-11 1 Cor 1:22-25 Jn 2:13-25 or, for Year A (28): Ex 17:3-7 Ps 95:1-2, 6-9 Rom 5:1-2, 5-8 Jn 4:5-42 or 4:5-15, 19b-26, 39a, 40-42
8:00 am Mass at St. Thomas—For the People
10:15 am Mass at St. Thomas—John & Donna Sereg
5:00pm Mass at Simpson College

Monday, March 4

LENTE WEEKDAY

237: 2 Kgs 5:1-15b Ps 42:2-3; 43:3-4 Lk 4:24-30
No Mass at St. Thomas

Tuesday, March 5

LENTE WEEKDAY

238: Dn 3:25, 34-43 Ps 25:4bc-5ab, 6-7bc, 8-9 Mt 18:21-35
6:00 pm Mass at St Thomas—Beverly Krier

Wednesday, March 6

LENTE WEEKDAY

239: Dt 4:1, 5-9 Ps 147:12-13, 15-16, 19-20 Mt 5:17-19
8:00 am Mass at St Thomas—Jolene & Jim Jauron

Thursday, March 7

LENTE WEEKDAY

240: Jer 7:23-28 Ps 95:1-2, 6-9 Lk 11:14-23
8:00 am Mass at St Thomas—For those battling cancer

Friday, March 8

LENTE WEEKDAY

241: Hos 14:2-10 Ps 81:6c-11b, 14, 17 Mk 12:28-34
8:00 am Mass at St Thomas—Rodrigo Parra

Saturday, March 9

LENTE WEEKDAY

242: Hos 6:1-6 Ps 51:3-4, 18-21b Lk 18:9-14
3:30 pm—4:15 p.m. Sacrament of Reconciliation
4:30 pm Mass at St Thomas—Danny Cook

Sunday, March 10

FOURTH SUNDAY OF LENT

32: 2 Chr 36:14-16, 19-23 Ps 137:1-6 Eph 2:4-10 Jn 3:14-21, or, for Year A (31): 1 Sm 16:1b, 6-7, 10-13a Ps 23:1-6 Eph 5:8-14 Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38
8:00 am Mass at St. Thomas—For the People
10:15 am Mass at St. Thomas—Shelby McCasland & Judy Pierson
5:00pm Mass at Simpson College

Office Hours: Monday-Friday 9:00 a.m.-4:00 p.m. Closed for lunch Monday-Friday (12 p.m.-1 p.m.)
Parish Office: 515-961-3026 Website: stthomasindianola.com Facebook: St. Thomas Church, Indianola IA
For Emergencies contact the office 515-961-3026 when prompted push #7

Father Adam's Five

for March 1 —March 7

1. We welcome Bishop Joensen to join us at the 10:15 Mass this weekend as part of our F.O.C.U.S. spiritual impact bootcamp; we are accepting last-minute registrations if you know a college student who would like to attend. <https://tinyurl.com/STA-SIB>
2. Stations of the Cross will be Fridays at 7 during Lent.
3. Please look to your mail for a letter about how we can build up and expand our music ministry program (and many other wonderful initiatives at St. Thomas) this year. If you would like to read it online, you may find it here: <http://tinyurl.com/STA-FEB24> I realize the formatting is not the best; it is a limitation of the technology. We do have a few copies on the counter of the receptionist's desk.
4. Thanks again for all the prayers for my mother. She is home!
5. Did you know that 1% of your day is 14.5 minutes? Would you consider praying 1% of your day throughout Lent, asking the Lord to build up our ministries?

FASTING/ABSTINENCE GUIDELINES:

Fasting (ages 18-59) on Ash Wednesday and Good Friday means 1 full meal, two smaller meals not totaling a full meal.

Abstinence (Ages 14+) means not eating meat on Ash Wednesday and Fridays of Lent.

Stations of the Cross

Will be held every Friday evening at 7:00PM in the Church



Vocation Night

in 5th Grade



RE

Prayer List

For all those in need.

Steve Garrett, Carol Bailey, Kerri O'Meara,
Carol Proctor, Mark & Helen Kollasch, Randy Swanson,
Deanna Bahr, Duffy Metz,
Doug Andreasen, Jean Veasman,
Mike Metz, Patrick Shandle, & for the Souls in Purgatory

Please contact Jackie Ward at jjward71@gmail.com or
515-250-7385,

Kris Gross at 210-0169 or Debbie McDaniel at 240-2029
to put someone on the Prayer Chain. They will notify the
rest of the group to start immediate prayers.

We would like to offer a prayer shawl to parishioners who are
ill or in need of comfort.

The shawls were prayed over when created. Please make
your request through one of the prayer chain leaders.
Please contact Leasa Garrett (961-3026) to add a name
to the list published in the bulletin.
Names will remain on the list for a month.

Knights of Columbus Scholarship Information:



The St. Thomas Aquinas Knights of Columbus Council is offering higher learning scholarships to graduating high school seniors and undergraduate students. For scholarship information, go to www.stthomasindianola.parishesonline.com. Applications are to be emailed to vandy.omeara@gmail.com or mailed to Pat O'Meara, 201 North J Street, Indianola, IA. 50125. Applications must be received at the correct email or mailing address by April 7, 2024.

Gathering Table

The next Gathering Table is Monday, March 5th. We need help with main dishes, side dishes, desserts and serving. Please prayerfully consider helping in some way. Here is the sign-up link <https://www.signupgenius.com/go/10C0C4DA4AF2EA6FBC43-gathering>



Mark your calendar Lenten Fish Fries



March 8, 15, & 22

5:30pm—7:00pm ~ Dine in or carry out
Adults: \$13.00 Children 6-12yrs: \$6.00
Children 5yrs & under: Free

HOLY MOMENTS



Holy Moments are moments in which you open yourself to God and create grace in your life,

This week's Holy Moment Focus: Say no to something that isn't good for you—mindlessly scrolling, listening to negative music, or content, etc.

Adorers Needed

We continue to have a need for adorers on Tuesday and through the night/early morning hours on Wednesday/Thursday. Please see times needed on the form in the gathering space by the adoration sign up box or posted on the board by the chapel.

We have an immediate need for a second adorer at the following times; Wednesday's at 12 noon and at 2:00 pm and Thursday evening at 6:00 and 8:00 pm.

Additionally, we are in need of people who would be willing and available to be a substitute adorer on Wed March 13 and Thursday March 14 to cover for adorers who will be gone during Spring Break.

You can sign up for open hours of adoration by completing one of the forms by the sign up box in the Church Gathering Space or by emailing me at spennani1976@outlook.com. If you are able to be a substitute for Wednesday or Thursday during Spring break, please contact me via email or calling me at 515-344-7850.

Thanks for your prayerful consideration of these opportunities.
Anitta



Creation Care Corner



Rain forests cover only 2% of the planet but are home to more than half the world's plants and animals. Rain forests are being destroyed at the rate of 50 to 100 acres a minute.

Tip: Check the perfume you have in your house. Does it have rosewood oil in it? Encourage family members not to buy perfumes made with rosewood oil which comes from rain forests.

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