



Saint Thomas Aquinas Catholic Church

210 S Wesley STREET- Indianola, IA 50125
Weekend Mass Saturday 4:30 pm, 8:00 am, 10:15 am,
Tuesday- 6:00 pm mass

Daily Mass: WEDNESDAY-Friday 8:00 am
1st Tuesday of the Month at Good Samaritan Nursing Home 9:30 am
Simpson Masses start September

St Thomas Aquinas Staff & Committees

Pastor Fr. Adam Westphal	515-961-3026
Deacon Dave O'Brien	515-961-3026
Business Manager Leasa Garrett	515-961-3026
Director of Religious Education JoAnn Sayre	515-961-3026
Youth Minister (STAT) Alex Miller	
Assistant Director of Religious Ed Elizabeth Williams	
Maintenance: Jack Slinker/Steve Garrett	515-961-3026
Chaplain to Nursing Homes: Call the office	515-961-3026
Trustees: Johna Clancy / Kevin Miller	515-961-3026
Pastoral Council, Chair: Mimi Kelly	515-321-4286
Social Concerns: Kris Gross	515-210-0169
Creation Care Team: Rita Bresnan	515-783-0643
Altar & Rosary (STARS): Mindy Blanchard	515-961-3026
Caring Hands, Pastoral Care: Nancy Cambron	515-240-5227
Parish Relations: Kristi Hartford	515-961-3026
Worship/Liturgy: Joyce DeGroote	515-783-3890
Hall Committee: Cathy Krapfl, Kristen Hanes, Kevin Parker and Leasa Garrett	
Buildings and Grounds Chair: Bob Ormsby	
Knights of Columbus: Jack Slinker	Koc.Indianola@gmail.com

Perpetual Adoration Wednesday from 9am to 9pm
And Friday mornings from 9:00am to noon.

ROSARY: Please join us in praying the rosary every Tuesday evening starting at 6:30pm in the church as we pray for peace, families and your special intentions. Also Wednesday, Thursday and Friday mornings the rosary is prayed at 7:40am.

Liturgy of Baptism: Parents are requested to call the Parish Office to arrange for pre-baptism sessions and must be registered with the church, one sponsor must be Catholic.

Liturgy of Marriage: Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

Prayer Chain: Our parish has a prayer chain for special intentions. Requests can be for a anyone in need.
Prayer requests call Kris Gross 210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 240-0209

Care of the Sick & Shut-ins: Call to request the Sacrament of the Sick, the Eucharist or to be placed on the Prayer Chain.

Newcomers/Addresses: Register in person; call the Office for Appointment.

Change of Address: Notify the office when you change your address.

Bulletin Announcements: Information must be in by 4PM on Tuesday to Leasa Garrett-lcs3garr@yahoo.com

2024

Sunday, March 10

FOURTH SUNDAY OF LENT

32: 2 Chr 36:14-16, 19-23 Ps 137:1-6 Eph 2:4-10 Jn 3:14-21, or, for Year A (31): 1 Sm 16:1b, 6-7, 10-13a Ps 23:1-6 Eph 5:8-14 Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38

8:00 am Mass at St. Thomas—For the People
10:15 am Mass at St. Thomas—Shelby McCasland
& Judy Pierson

5:00pm Mass at Simpson College

Monday, March 11

LENTEN WEEKDAY

244: Is 65:17-21 Ps 30:2, 4-6, 11-12a, 13b Jn 4:43-54 No
Mass at St. Thomas

Tuesday, March 12

LENTEN WEEKDAY

245: Ez 47:1-9, 12 Ps 46:2-3, 5-6, 8-9 Jn 5:1-16
6:00 pm Mass at St Thomas—Bill Martin

Wednesday, March 13

LENTEN WEEKDAY

246: Is 49:8-15 Ps 145:8-9, 13c-14, 17-18 Jn 5:17-30
8:00 am Mass at St Thomas—Gary & Vivian Elbert

Thursday, March 14

LENTEN WEEKDAY

247: Ex 32:7-14 Ps 106:19-23 Jn 5:31-47
8:00 am Mass at St Thomas—Winston Sayre

Friday, March 15

LENTEN WEEKDAY

248: Wis 2:1a, 12-22 Ps 34:17-21, 23 Jn 7:1-2, 10, 25-30
8:00 am Mass at St Thomas—Rodrigo Parra

Saturday, March 16

LENTEN WEEKDAY

249: Jer 11:18-20 Ps 7:2-3, 9b-12 Jn 7:40-53
3:30 pm—4:15 p.m. Sacrament of Reconciliation
4:30 pm Mass at St Thomas—**Robert O'Meara**

Sunday, March 17

FIFTH SUNDAY OF LENT

35: Jer 31:31-34 Ps 51:3-4, 12-15 Heb 5:7-9 Jn 12:20-33,
or, for Year A (34): Ez 37:12-14 Ps 130:1-8 Rom 8:8-11 Jn 11:1-45 or 11:3-7, 17, 20-27, 33b-45

8:00 am Mass at St. Thomas—For the People
10:15 am Mass at St. Thomas—Rodrigo Parra & Marlene Kipps
5:00pm Mass at Simpson College

Office Hours: Monday-Friday 9:00 a.m.-4:00 p.m. Closed for lunch Monday-Friday (12 p.m.-1 p.m.)
Parish Office: 515-961-3026 Website: stthomasindianola.com Facebook: **St. Thomas Church, Indianola IA**
For Emergencies contact the office 515-961-3026 when prompted push #7

Father Adam's Five

for March 8 —March 14

1. Thank you to the Knights of Columbus and everyone who helped make the FOCUS Spiritual Impact Bootcamp a resounding success! We look forward to hosting another retreat with them next year.
2. We are halfway through Lent. Please keep up your prayers and fasts as we journey together. There are many Graces of God still to be encountered.
3. A letter went out last week about how we can build our ministry program together this calendar year. If you did not receive one please let the office know. If you would like to read it online, you may find it here: <http://tinyurl.com/STA-FEB24> I realize the formatting is not the best; it is a limitation of the technology. We do have a few copies on the counter of the receptionist's desk.
4. For an update on where we landed with the 2023 ADA, please visit the "Projects" page on the church app. You can access it by going to the "More" button on the bottom of the screen if you are on your phone and in the upper right hand of your screen if you are on the computer. To access the homepage from your computer go to <https://tinyurl.com/STA-MAIN>
5. I've uploaded the last 3 homilies on blessings. You can find them on the church app under the button "homilies". You also find this by going to the "More" button on the church app.

FASTING/ABSTINENCE GUIDELINES:

Fasting (ages 18-59) on Ash Wednesday and Good Friday means 1 full meal, two smaller meals not totaling a full meal.

Abstinence (Ages 14+) means not eating meat on Ash Wednesday and Fridays of Lent.

Stations of the Cross

Will be held every Friday evening at 7:00PM in the Church



F.O.C.U.S. Spiritual impact bootcamp



Thank you to all those that attended F.O.C.U.S. this Weekend.



May He who has begun the good work in you bring it to completion.
Phil. 1:6



Prayer List

For all those in need.

Steve Garrett, Carol Bailey, Kerri O'Meara,
Carol Proctor, Mark & Helen Kollasch, Randy Swanson,
Deanna Bahr, Duffy Metz,
Doug Andreasen, Jean Veasman ,
Mike Metz, Patrick S handley, & for the Souls in Purgatory

Please contact Jackie Ward at jjward71@gmail.com or 515-250-7385,

Kris Gross at 210-0169 or Debbie McDaniel at 240-2029 to put someone on the Prayer Chain. They will notify the rest of the group to start immediate prayers .

We would like to offer a prayer shawl to parishioners who are ill or in need of comfort.

The shawls were prayed over when created. Please make your request through one of the prayer chain leaders. Please contact Leasa Garrett (961-3026) to add a name to the list published in the bulletin. Names will remain on the list for a month.

Knights of Columbus Scholarship Information:



The St. Thomas Aquinas Knights of Columbus Council is offering higher learning scholarships to graduating high school seniors and undergraduate students. For scholarship information, go to www.stthomasindianola.parishesonline.com. Applications are to be emailed to vandy.omeara@gmail.com or mailed to Pat O'Meara, 201 North J Street, Indianola, IA. 50125. Applications must be received at the correct email or mailing address by April 7, 2024.

Learning
about the
Holy Land
in CGS



Mark your calendar Lenten Fish Fries



March 15, & 22

5:30pm—7:00pm ~ Dine in or carry out
Adults: \$13.00 Children 6-12yrs: \$6.00
Children 5yrs & under: Free

HOLY MOMENTS

Holy Moments are moments in which you open yourself to God and create grace in your life,

This week's Holy Moment Focus: Be fully present.

- Put. The. Phone. Down.
- Silence. Your. Phone.
- Better yet, put it in another room...



Iowa Catholic Radio

Hello, as we look forward to spring, you probably realize that the Spring Fundraiser for Iowa Catholic Radio is in the planning stages!

Our volunteer help will look a little different this year!

The Spring Fundraiser is from Tuesday, March 19 through Friday, March 22.

Volunteers will be at the station to greet guests who will be on the air.

We ask that you welcome them, offer snacks and or a beverage, let them know where the restrooms are located and make them comfortable before and following their airtime.

We would also need you to answer any phone calls that come in.

Pledge forms and instructions will be available to guide you though taking any calls or pledges that come in.

The time slots are more open and we are asking for help throughout the day from 7 AM through 4 PM.

If you are able to "Answer the Call" to help out, please let me know the day and time you would be able to join us at the station.

If you are unable to help in person, please pray for the success of the fundraiser and tune in to Iowa Catholic Radio!

God Bless,
Jackie Ward
515.250.7385
jackie@kwky.com

Creation Care Corner

Buy used items whenever feasible, and if possible repair rather than replace broken items. In most cases this will save money, but it also will preserve resources and reduce overall consumption.



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