



# Saint Thomas Aquinas Catholic Church

210 S Wesley STREET- Indianola, IA 50125

Weekend Mass Saturday 4:30 pm - Sunday 8:00 am, 10:15 am,

Tuesday- 6:00 pm mass

Daily Mass: WEDNESDAY-Friday 8:00 am

1st Tuesday of the Month at Good Samaritan Nursing Home 9:30 am

Simpson Masses start September

## St Thomas Aquinas Staff & Committees

Pastor Fr. Adam Westphal	515-961-3026
Deacon Dave O'Brien	515-961-3026
Business Manager Leasa Garrett	515-961-3026
Administrative Assistant Michelle Helm	
Director of Religious Education JoAnn Sayre	515-961-3026
Assistant DRE Elizabeth Williams	
Youth Minister (STAT) Diane DeWall	515-961-3026
Maintenance: Jack Slinker	515-961-3026
Chaplain to Nursing Homes: Call the office	515-961-3026
Trustees: Johna Clancy / Kevin Miller	515-961-3026
Pastoral Council, Chair:	
Social Concerns: Kris Gross	515-210-0169
Creation Care Team: Rita Bresnan	515-783-0643
Altar & Rosary (STARS): Kim Delay & Patty Alexander	
Caring Hands, Pastoral Care: Patty Alexander	
Parish Relations: Kristi Hartford	515-961-3026
Worship/Liturgy: Joyce DeGroote	515-783-3890
Hall Committee: Cathy Krapfl, Kristen Hanes,	515-961-3026
Kevin Parker and Leasa Garrett	
Buildings and Grounds Chair: Bob Ormsby	

**Perpetual Adoration** Wednesday & Thursday from 9am to 9pm, and Friday mornings from 9:00am to noon.

**ROSARY:** Please join us in praying the rosary every Tuesday evening starting at 6:30pm in the church as we pray for peace, families and your special intentions. Also Wednesday, Thursday and Friday mornings the rosary is prayed at 7:40am.

**Liturgy of Baptism:** Parents are requested to call the Parish Office to arrange for pre-baptism sessions and must be registered with the church, one sponsor must be Catholic.

**Liturgy of Marriage:** Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

**Prayer Chain:** Our parish has a prayer chain for special intentions. Requests can be for anyone in need. Prayer requests call Kris Gross 210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 240-029

**Care of the Sick & Shut-ins:** Call to request the Sacrament of the Sick, the Eucharist or to be placed on the Prayer Chain.

**Newcomers/Addresses:** Register in person; call the Office for Appointment.

**Change of Address:** Notify the office when you change your address.

**Bulletin Announcements:** Information must be in by 4PM on Tuesday to Leasa Garrett-lcs3garr@yahoo.com

Sunday, September 8, 2024

TWENTY-THIRD SUNDAY IN ORDINARY TIME

128: Is 35:4-7a Ps 146:7-10 Jas 2:1-5 Mk 7:31-37

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Judy Pierson

**5:00pm Simpson Mass**

Monday, September 9

SAINT PETER CLAVER

437: 1 Cor 5:1-8 Ps 5:5-6, 7, 12 Lk 6:6-11 see Lectionary for Mass Supplement, #636A: Is 58:6-11 Mt 25:31-40

No Mass at St. Thomas

Tuesday, September 10

WEEKDAY

438: 1 Cor 6:1-11 Ps 149:1-6, 9 Lk 6:12-19

6:00 pm Mass at St Thomas—Evangeline Mangold

Wednesday, September 11

WEEKDAY

439: 1 Cor 7:25-31 Ps 45:11-12, 14-17 Lk 6:20-26

8:00 am Mass at St Thomas—Richard & Violet Alexander

Thursday, September 12

WEEKDAY

440: 1 Cor 8:1b-7, 11-13 Ps 139:1b-3, 13,

14b, 23-24 Lk 6:27-38

8:00 am Mass at St Thomas—Gary & Vivian Elbert

Friday, September 13

SAINT JOHN CHRYSOSTOM

441: 1 Cor 9:16-19, 22b-27 Ps 84:3-6, 12 Lk 6:39-42

637: Eph 4:1-7, 11-13 Mk 4:1-10, 13-20 or 4:1-9

8:00 am Mass at St Thomas—Kailey Peters

Saturday, September 14

THE EXULTATION OF THE HOLY CROSS

638: Nm 21:4b-9 Ps 78:1-2, 34-38 Phil 2:6-11 Jn 3:13-17

3:30 pm—4:15 p.m. Sacrament of Reconciliation

4:30 pm Mass at St Thomas—Mark Kollash

Sunday, September 15

TWENTY-FOURTH SUNDAY IN ORDINARY TIME

131: Is 50:4c-9a Ps 116:1-6, 8-9 Jas 2:14-18 Mk 8:27-35

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Frank Colella

**5:00pm Simpson Mass**

Office Hours: Monday-Friday 9:00a.m.-4:00p.m. Closed for from (12p.m.-1p.m.)

Parish Office: 515-961-3026

Website: [stthomasindianola.com](http://stthomasindianola.com)

Facebook: [St. Thomas Church, Indianola IA](https://www.facebook.com/St.ThomasChurchIndianolaIA)

**For Emergencies contact the office 515-961-3026 when prompted push #7**

# Father Adam's Five

for September 5—September 11

1) Only one more week until the ChristLife: Let Down Your Nets training! Please come and meet the team from Baltimore as they lead us deeper into our relationship with Christ through the ChristLife process. For more information, check out <https://tinyurl.com/STA-LDNY>. There is also a link on that page to fellow parishioners' and Simpson students' testimonies about what ChristLife has done for them.

2) We will be commissioning our EMHC's throughout September. If you'd like to be a part of the ministry, please go to <https://tinyurl.com/STA-EMHC> and fill out the form to be added to the training process.

3) Our R.E. kickoff was a resounding success! Thanks to the entire team for making the evening a fun and engaging way to welcome everyone to a new year. If you are still looking to register for R.E./C.G.S./S.T.A.T., please go to <https://tinyurl.com/STA-RE2024>

4) We have a new point person for information for the bulletin. Please e-mail Michelle Helm at [mhelm@stthomasindianola.com](mailto:mhelm@stthomasindianola.com) to say hello and to give updates for the bulletin.

5) The ADA coasters are finished and I've begun delivery! Thank you to everyone who supported the ADA this year, and especially those who responded to my ADA coaster challenge.

Pastoral Center of the Diocese of Des Moines is looking for a receptionist to work 4.5 hours per day M-F. Please go to <https://www.dmdiocese.org/about-us/employment> for more information.



## Let Down Your Nets

A ChristLife Training Conference

**September 14-15, 2024**  
St. Thomas Aquinas in Indianola, IA

Training Speakers



Dave Nodar   Dianne Davis   Jennifer King  
...and more!

Learn More and Register:  
[ChristLife.org/iowa](https://ChristLife.org/iowa)



"Put out into deep water  
and put out your nets  
for a catch."  
— Luke 9:4

## STARS Reboot

Hello Fellow St. Thomas

**Altar & Rosary Society Friends!**

Welcome to a new year!

Join us to celebrate the Rosary and to build Faith, Fun And Fellowship!

**When:** Monday, September 16th at 7:00pm

**Where:** St. Thomas Aquinas Multipurpose Room

**Time:** 7pm to 8pm

**What to expect:** snacks, drinks and saving souls!

Here's our Agenda:

**Rosary :** Joyful Mysteries

**Business: Vote:** Officers/Secretary/Dues/  
Mission Statement

Fun and Fellowship

Sign up to Pray the Rosary in October

Cookie Walk Updates

**Closing Prayer**

**Hope to see you there! Bring a Friend!**



### Prayer List

For all those in need. Jim Franken, Axel Hammer,  
Leasa Garrett, Bryan Bradley, Kailey Peters,  
**Kerri O'Meara, Carol Proctor,**  
Helen Kollasch, Deanna Bahr,  
Duffy Metz, Doug Andreasen, Jean Veasman,  
Patrick Shandley, & for the Souls in Purgatory

Please contact Jackie Ward at [jjward71@gmail.com](mailto:jjward71@gmail.com) or  
515-250-7385,

Kris Gross at 210-0169 or Debbie McDaniel at 240-2029  
to put someone on the Prayer Chain. They will notify the  
rest of the group to start immediate prayers.

We would like to offer a prayer shawl to parishioners who are  
ill or in need of comfort.

The shawls were prayed over when created. Please make  
your request through one of the prayer chain leaders.

Please contact Leasa Garrett (961-3026) to add and  
remove names from the bulletin

**“Yet even now, says the Lord,  
return to me with all your  
heart...” Joel 2:12**



Are you a trained Catechist for Catechesis of the Good Shepherd? Have you served in our atria as an assistant in the past? God is calling you to return!

We are seeking trained catechists and experienced assistants to return to the atria to help in Level I, II, and even our brand new toddler atrium on Wednesday evenings and Sunday morning. We know you are out there, please take a moment to pray and see if this could be the moment for your return. Thank you.

Email Michelle Helm  
at [mrs helm23@gmail.com](mailto:mrs helm23@gmail.com) or call or  
text 515-505-0280.

#### Mission Trip to South Africa

Join Father Ray McHenry, former pastor of St Thomas Aquinas, for an unforgettable journey on his tenth mission trip with Blessman International to South Africa, from January 16-28, 2025

This is your chance to explore the stunning landscapes of South Africa while making a meaningful impact. You will be Jesus' hands and feet to the beautiful people of South Africa. By participating in this mission, you will help fulfill the Corporal Works of Mercy by aiding the poor and feeding children in need.

There will be an informational meeting at St Francis Church on Tuesday, September 10, at 6:30pm in Room 5. For more details reach out to [fraydsm@gmail.com](mailto:fraydsm@gmail.com) This is more than a trip – It's a chance to change lives, including your own!



## The Order of Christian Initiation for Adults

### OCIA

If you, or someone you know is interested in becoming catholic or knowing more about the catholic faith, prayerfully consider joining the RCIA program which will begin again sometime in late September. To register or for more information call the church office  
515-961-3026

## Creation Care Corner

### Cultivating Kindness

During the month of September the Social Concerns Committee is going to share prayers about cultivating kindness. We hope these prayers bring you new thoughts or reminders about the value of kindness and caring in our lives.

*Heavenly Father,*

*In Your infinite wisdom and boundless love,  
You created us to live in harmony, to share our  
joys, and to bear each other's burdens. Today,  
I pray for a heart like Yours--one brimming with  
compassion and empathy for the struggles  
faced by those around me. As the Good Shepherd  
lays down His life for His sheep, instill in  
me the courage to set aside my own comfort to  
truly understand and aid those who suffer.*

*Open my eyes to see beyond my own experiences,  
to recognize the silent battles being  
fought by my neighbors, friends, and even  
strangers. Let my heart be moved by their  
pain, and inspire my actions to bring solace and  
relief. Teach me to listen with  
kindness, without judgment, offering my shoulder  
as a pillar of support and my words as a  
beacon of hope.*

*In moments of weariness, remind me of  
Your everlasting strength, that I might continue  
this journey of compassion without faltering.  
For it is by sharing the weight of others'  
crosses that we truly embody Your love and  
grace.*

*Amen*

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