

Saint Thomas Aquinas Catholic Church

210 S Wesley STREET- Indianola, IA 50125 Weekend Mass Saturday 4:30 pm - Sunday 8:00 am, 10:15 am, Tuesday- 6:00 pm mass

Daily Mass: WEDNESDAY-Friday 8:00 am

January 21st at Good Samaritan Nursing Home 9:30 am

Simpson Masses start September

St Thomas Aguinas Staff & Committees

Pastor Fr. Adam Westphal	515-961-3026
Deacons Dave O'Brien and Tom Hunkele	515 -961-3026
Business Manager Leasa Garrett	515-961-3026
Administrative Assistant Michelle Helm	515-961-3026
Director of Religious Education JoAnn Sayre	515-961-3026
Assistant DRE Elizabeth Williams	
Youth Minister (STAT) Diane DeWall	515-961-3026
Maintenance: Jack Slinker	515-961-3026
Music Minister: Kay Neumann-Thomas	515-961-3026
Chaplain to Nursing Homes: Call the office	515-961-3026
Trustees: Johna Clancy / Kevin Miller	515-961-3026
Pastoral Council, Chair:	
Social Concerns: Kris Gross	515-210-0169
Creation Care Team: Rita Bresnan	515-783-0643
Altar & Rosary (STARS): Kim Delay & Patty Alexander	
Caring Hands, Pastoral Care: Patty Alexander	
Parish Relations: Kristi Hartford	515-961-3026
Worship/Liturgy: Joyce DeGroote	515-783-3890
Hall Committee: Cathy Krapfl, Kristen Hanes,	515-961-3026
Kevin Parker and Leasa Garrett	

Kevin Parker and Leasa Garrett

Buildings and Grounds Chair: Bob Ormsby

Knights of Columbus: Wes Neal Koc.Indianola@gmail.com

Eucharistic Adoration with Exposition is available

Wednesdays from 9:00 a.m. to 9:00 p.m. in the adoration chapel and most Friday mornings in the sanctuary

ROSARY: Please join us in praying the rosary every Tuesday evening starting at 6:30pm in the church as we pray for peace, families and your special intentions. Also Wednesday, Thursday and Friday mornings the rosary is prayed at 7:40am.

Liturgy of Baptism: Parents are requested to call the Parish Office to arrange for pre-baptism sessions and must be registered with the church, one godparent must be Catholic.

Liturgy of Marriage: Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

Prayer Chain: Our parish has a prayer chain for special intentions. Requests can be for anyone in need. Call Kris Gross 515-210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 515-240-2029 or follow this link: pray.mysta.org

Care of the Sick & Shut-ins: Call to request the Sacrament of the Sick or the Eucharist, or follow this link: pray.mysta.org

Newcomers/Change of Addresses: new.mysta.org Please update your address in a timely manner if you move.

Bulletin Announcements: Information must be in by 4PM on Tuesday to Michelle Helm - mhelm@stthomasindianola.com

Saturday, January 18 310: Heb 4:12-16/Mk 2:13-17

3:30 pm—4:15 p.m. Sacrament of Reconciliation 4:30 pm Mass at St Thomas—Sara Geiken

Sunday, January 19

SECOND SUNDAY IN ORDINARY TIME 66: Is 62:1-5/1 Cor 12:4-11/Jn 2:1-11

8:00 am Mass at St. Thomas—For the People 10:15 am Mass at St. Thomas— Dhiraj Kumar Gupta 5:00 pm- Simpson Mass

> Monday, January 20 311: Heb 5:1-10/Mk 2:18-22 NO MASS AT ST. THOMAS

Tuesday, January 21 SAINT AGNES, VIRGIN AND MARTYR

312: Heb 6:10-20/Mk 2:23-28 6:00pm Mass at St. Thomas—John and Donna Sereg

Wednesday, January 22

DAY OF PRAYER FOR THE LEGAL PROTECTION OF UNBORN CHILDREN

> 313: Heb 7:1-3, 15-17/Mk 3:1-6 8:00 am Mass at St Thomas

Thursday, January 23 314: Heb 7:25—8:6/Mk 3:7-12 8:00 am Mass at St Thomas-Bev & Rich Krier

Friday, January 24 SAINT FRANCIS DE SALES 315: Heb 8:6-13/Mk 3:13-19 8:00 am Mass at St Thomas—Dick Krapfl

Saturday, January 25 THE CONVERSION OF ST. PAUL THE APOSTLE 519: Acts 22:3-16 or Acts 9:1-22/Mk 16:15-18

3:30 pm—4:15 p.m. Sacrament of Reconciliation 4:30 pm Mass at St Thomas—Charlene Fisher, Gerald & Delphine Schneider

> Sunday, January 26 THIRD SUNDAY IN ORDINARY TIME

69: Neh 8:2-4a, 5-6, 8-10/1 Cor 12:12-30 8:00 am Mass at St. Thomas—For the People 10:15 am Mass at St. Thomas—Naomi Gross 5:00 pm- Simpson Mass

Office Hours: Monday-Friday 9:00a.m.-4:00p.m.

Parish Office: 515-961-3026 Website: stthomasindianola.com Facebook: St. Thomas Church, Indianola IA For Emergencies contact the office 515-961-3026 when prompted push #7

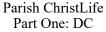
Father Adam's Five for January 16- January 22

- 1) ChristLife part one: Discovering Christ for our High School Ministry, St. Thomas Aquinas Teens (STAT), kicked off this past Wednesday. Over 70 people joined us for an evening of fellowship, prayer, dinner, learning, and discussion. Thank you all for your prayers as we continue this journey together.
- 2) ChristLife part one: Discovering Christ kicks off for our Simpson students on January 26, and for the Parish on March 6. To keep an eye on Simpson ministry opportunities, please visit sc.mysta.org. To signup for ChristLife part one: Discovering Christ at St. Thomas, please go to dc.mysta.org. You can also scan the QR codes below.
- 3) The most recent lighting project is coming to a close. We have new lights in our gathering space, our hallway, and our church bathrooms. The new lights in the parish hall are installed, and Baker is working on programming them. The are definitely brighter than the previous lights, and more energy efficient!
- 4) The last time I sent out an update on our parish growth was in November of 2024; since then over 20 people have joined our parish. Welcome to St. Thomas Aquinas to our new families! We are praying for you!

If you are new and would like to join our parish, or have been attending and haven't registered yet, please go to **new.mysta.org** to register and to get involved. Thank you!

5) If you are interested in becoming Catholic, we are accepting registrations for our OCIA process. We are following the new guidelines in place Dec 1 2024, and the process for becoming Catholic will be a year-long process. To begin, please signup for ChristLife part one: Discovering Christ. It starts Thursday, March 6. Please sign up at dc.mysta.org. If you are not available on Thursday nights, please e-mail the office soon, and we will see if we can come to an arrangement.

Simpson ChristLife Part One: DC



New Parishioner and information update









St. Agnes (4th century, Rome, Italy. Feast day January 21) is the patron saint of girls and one of the most-celebrated Roman martyrs. According to tradition, Agnes was a beautiful girl who refused marriage, stating that she could have no spouse but Jesus Christ. After refusing to renounce her faith, she was murdered during the persecution of the Christians by the Roman Emperor Diocletian and buried beside the Via Nomentana. On her feast day two lambs are blessed in the Church of Sant' Agnese in Rome, and from their wool are made the pallia sent by the pope to archbishops as tokens of jurisdiction.

St. Agnes by Cesare Dandini 1595-1658



Eternal rest grant unto her, O Lord, and let perpetual light shine upon her. May her soul and the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.

It is with deep sorrow, but with hope in eternal life, that we share the news of the passing of parishioner Karen Van Buskirk this week. Please keep the Van Buskirk family in your prayers.

Adoration Hours Expanding

We are looking to expand Eucharistic Adoration and need to fill several hours. We need 2 adorers from different households for each hour to ensure we always have coverage. Below is a list of hours and the number of adorers needed for each hour. If you struggle committing to a weekly hour, consider signing up for an hour with a friend/friends to share the hour.

Spending time with Jesus in Adoration is so peaceful. You don't really need to do anything. Just rest with him, gaze upon him or just bring your needs to him. Please prayerfully consider signing up to spend an hour with Jesus each week in Eucharistic Adoration.

Tuesday: 1 adorer each at 9am, Noon, and 4pm AND 2

each adorers at 2pm and 3pm
Wednesday: 1 adorer each at Noon and 1pm
1 adorer each at Noon and 1pm

Please contact Anitta Spenner to sign up for one of these hours at spennani1976@outlook.com or call 515-344-7850

Prayer List

For all those in need. Clara Hill, Axel Hammer,
Leasa Garrett, Bryan Bradley, Kailey Peters,
Kerrí O'Meara, Carol Proctor, Helen Kollasch,
Deanna Bahr, Doug Andreasen,
Shandley, Martin Worniment, Joan McElroy &

Patrick Shandley, , Martin Wernimont, Joan McE Iroy & for the Souls in Purgatory

Please contact Jackie Ward at jjward71@gmail.com or 515-250-7385, Kris Gross at 515-210-0169 or Debbie McDaniel at 515-240-2029 to put someone on the Prayer Chain. They will notify the rest of the group to start immediate prayers.

We would like to offer a prayer shawl to parishioners who are ill or in need of comfort. The shawls were prayed over when created.

Please make your request through one of the prayer chain leaders.

Please contact Michelle Helm (515-961-3026) to add and remove names from the bulletin

Creation Care Corner

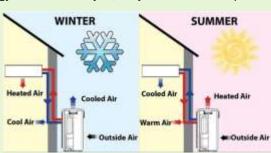
THINKING OF REPLACING YOUR FURNACE? YOU MIGHT WANT TO THINK OF INSTALLING A HEAT PUMP INSTEAD!

What's a heat pump?

It's called a "heat pump" because it can move heat either into the house or out of it, depending on the season. It doesn't just heat your home. It cools it down too! Just like an air conditioner, a heat pump absorbs heat from inside into a refrigerant and pumps it outside. It also does the same thing in reverse to bring heat inside. With the ability to move heat in both directions, a heat pump cools your home in summer and heats it in winter. Air-source and ground -source heat pumps are the most common. Though increasing in popularity, heat pumps are not new! They were first developed and used in North America in 1948, with the technology greatly improving since.

They are super energy efficient. And yes, they heat and cool spaces

really well. They also save you money in the long run. No wonder the mighty heat pump is fast becoming a leading symbol of the clean energy transition.



News from the Knights

The Knights of Columbus will be celebrating a Novena for Life during the month of January. The Novena will begin January 16 and continue through January 24. Knights will gather at various places to reflect on the gift of human life and pray the rosary. The dates, times and places are as follows:

- 1-16: 7pm at St. Thomas Aquinas Church
- 1-17: 7pm at St. Thomas Aquinas Church
- 1-18: 4pm at St. Thomas Aquinas Church (prior to mass)
- 1-19: 7pm at Simpson
- 1-20: 7pm at St. Thomas Aquinas Church
- 1-21: after the 6pm Mass at St. Thomas Aquinas Church
- 1-22: 7pm at St. Thomas Aquinas Church
- 1-23: 7pm at St. Thomas Aquinas Church
- 1-24: 7pm at St. Thomas Aquinas Church

Also, a concluding rite to the Consecration to the Holy Family will take place at the Tuesday evening mass on January 14.



Social Concerns

Collection for Backpacks 4 Hunger

One of the organizations supporting children and families in our community is Backpacks 4 Hunger. Through the program food and snacks are sent home with students for the weekend, so they do not go hungry until they get to school on Monday.



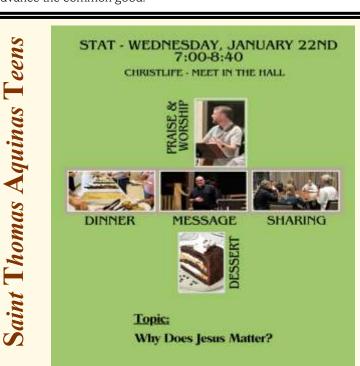
At Masses this weekend the Social Concerns Committee is handing out shopping cards with items we are collecting to support Backpacks 4 Hunger. If you didn't get a card, extras will be on the kiosks in the Gathering Space.

Your donations are greatly appreciated. Items can be placed in the gray tub in the Gathering Space through Sunday, January 26.



Iowa Catholic Conference

You can make a difference! The Iowa Catholic Conference advocates at the state legislature for policies that respect the life and dignity of the human person, and applies the principles of Catholic social teaching to critical issues of the day. Sign up for the ICC newsletter and follow them on social media to stay informed. Click on "Join the Network" at www.iowacatholicconference.org to help advance the common good.



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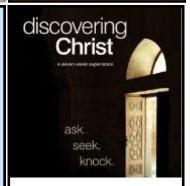


Optometric Associates

Dr. Craig Winjum Dr. Michael O'Meara Dr. Jonathan Anderson

225 W. Ashland Ave, Suite 1 Phone 515-961-5305 St Thomas Pastoral Center Available for your wedding receptions, family reunions, fundraisers. Call the Office 515-961-3026





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Andy Leech Financial Advisor

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Call 515-961-3026

Stuyvesant, Strong, Krapfl, Carda Law Office

Joe Strong & Terry Krapfl

106 E Salem Ave. (515-961-2574)



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