



# ST. THOMAS AQUINAS CATHOLIC CHURCH

210 S Wesley Street- Indianola, IA 50125

515-961-3026

Weekend Mass: Saturday 4:30 pm - Sunday 8:00 am & 10:15 am

Daily Mass: Wednesday-Friday 8:00 am and Tuesday 6:00 p.m.

Mass at Smith Chapel on Simpson Campus: 5:00 pm on Sundays

while school is in session

First Tuesday of the month at Good Samaritan Nursing Home 9:30 am

## Saturday, February 1

322: Heb 11:1-2, 8-19/Mk 4:35-41

3:30 pm—4:15 p.m. *Sacrament of Reconciliation*

4:30 pm Mass at St. Thomas—John and Donna Sereg

## Sunday, February 2

### THE PRESENTATION OF THE LORD

524: Mal 3:1-4/Heb 2:14-18/Lk 2:22-40  
or 2:22-32

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Gerald O'Meara

5:00 pm—Simpson Mass

## Monday, February 3

323: Heb 11:32-40/Mk 5:1-20

**NO MASS AT ST. THOMAS**

## Tuesday, February 4

324: Heb 12:1-4/Mk 5:21-43

6:00pm Mass at St. Thomas

## Wednesday, February 5

### ST. AGATHA

325: Heb 12:4-7, 11-15/Mk 6:1-6

8:00 am Mass at St Thomas

## Thursday, February 6

### SAINT PAUL MIKI AND COMPANIONS

326 : Heb 12:18-19,21-24, Mk 6:7-13

8:00 am Mass at St. Thomas—Loretta Petersen  
& Wilma Hill

## Friday, February 7

327: Heb 13: 1-8/Mk 6:14-29

8:00 am Mass at St. Thomas—Frank Colella

## Saturday, February 8

328: Heb 13: 15-17, 20-21/Mk 6:30-34

3:30 pm—4:15 p.m. *Sacrament of Reconciliation*

4:30 pm Mass at St. Thomas—Luke Clutter

## Sunday, February 9

### FIFTH SUNDAY IN ORDINARY TIME

Is 6:1-2a, 3-8/1 Cor 15:1-11

or 15:3-8, 11/Lk 5:1-11

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—John & Donna

Sereg

5:00 pm—Simpson Mass

## St. Thomas Aquinas Staff

515-961-3026

Pastor: Fr. Adam Westphal

ext. 4

Business Manager: Leasa Garrett

ext. 3

Administrative Assistant: Michelle Helm

ext. 6

Director of Religious Education: JoAnn Sayre

ext. 5

Youth Minister (STAT): Diane DeWall

Maintenance: Jack Slinker

Housekeeping: Andrea Ooms

**Deacon Support:** Rev. Mr. Dave O'Brien and Rev. Mr. Tom Hunkele

**Eucharistic Adoration with Exposition** is available Wednesdays from 9:00 a.m. to 9:00 p.m. in the Adoration chapel and most Friday mornings in the sanctuary.

**Rosary:** Please join us in praying the rosary every Tuesday evening starting at 6:30 in the church as we pray for peace, families, and your special intentions. The rosary is also prayed Wednesday, Thursday and Friday mornings at 7:40 a.m. before Mass.

**Liturgy of Baptism:** Pre-baptism classes are the third Saturday of every month. Please call the Parish Office to register.

**Liturgy of Marriage:** Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

**Prayer Chain:** To be put on the prayer chain, call Kris Gross 515-210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 515-240-2029 or follow this link: [pray.mysta.org](http://pray.mysta.org)

**Care of the Sick & Homebound:** Call the office to request the Sacrament of the Sick or the Eucharist, or follow this link: [care.mysta.org](http://care.mysta.org)


**Newcomers/Change of Addresses:** [new.mysta.org](http://new.mysta.org) Please update your address in a timely manner if you move.

**Bulletin Announcements:** Information must be in by 4PM on Tuesday to Michelle Helm - [mhelm@stthomasindianola.com](mailto:mhelm@stthomasindianola.com)

**Office Hours:** Monday-Friday 9:00a.m.-4:00p.m.

**Parish Office:** 515-961-3026

**Website:** [stthomasindianola.com](http://stthomasindianola.com)

 Saint Thomas Church Indianola IA

**For Sacramental Emergencies:** call 515-961-3026 when prompted push #7



## Father Adam's Five for January 30– February 5

- 1) Thanks to everyone who has been praying for ChristLife at St. Thomas Aquinas, we have successfully launched TWO ChristLife Part One: Discovering Christ courses. We will be launching a 3rd on March 6 at St. Thomas. If you'd like to join, please go to [dc.mysta.org](http://dc.mysta.org)
- 2) We will be blessing candles at the Masses this weekend.
- 3) We are wrapping up the Ignite! campaign, started in 2022. In December of 2022, I sent out a survey asking you all for your priorities for the Ignite! campaign projects. These are the projects we've completed:
  - Exterior lighting (Completed November 2023)
  - Security Cameras (Completed August 2023)
  - Wi-Fi throughout whole campus (Completed February 2024)

As we wrap up the campaign, we are still working on audio/visual updates to the parish hall, streaming/sound improvements to the church, and the St. Thomas Statue repair.
- 4) As we wrap up the Ignite! campaign, we are looking for what to do next. We identified needs in 2022, and we are finishing up that check list- now what? [Click here](#) if you are on a digital device or go to [mysta.org](http://mysta.org) for the survey link.
- 5) Please consider signing up for Eucharistic Adoration at St. Thomas Aquinas. We need adorers! There will be a Celebratory Reception for current/past adorers on Sunday February 16th at 2pm .

Simpson ChristLife  
Part One: DC



Parish ChristLife  
Part One: DC



New Parishioner and  
information update



It is with deep sorrow, but with hope in eternal life, that we share the news of the passing of Jimmy Lee Franken this month. Please keep the Franken family in your prayers.

**Eternal rest grant unto Him, O Lord  
And let perpetual lights shine upon  
Him, may he rest in peace. May his**

**soul and the souls of all the faithful departed through the  
mercy of God rest in peace. Amen**

## ADORATION

Reminder to stop by after any Mass this weekend (Feb 1 and 2) to sign-up for or receive information on adoration. Please stop by the table at the back of the church.

If you are unable to make it and are interested, please contact Anitta Spenner at 515-344-7850 or by email at [spennani1976@outlook.com](mailto:spennani1976@outlook.com)

*"Our Lord hears our prayers anywhere, but He has revealed to His servants that those who visit Him in the Eucharist will obtain a more abundant measure of grace." (St. Alphonsus Ligouri)*

We are in need of new adorers for several hours on **Tuesday 9, 12, 2, 3 and 4, Wednesday 12 and 1, and Thursday noon, 5 and 8.**

We are also looking to add substitute adorers and specifically need substitute adorers who can cover hours for those adorers who leave for the winter and during spring break.

## Prayer List

For all those in need, Clara Hill, Axel Hammer, Leasa Garrett, Bryan Bradley, Kailey Peters, Kerri O'Meara, Carol Proctor, Helen Kollasch, Deanna Bahr, Doug Andreasen, Patrick Shandley, Martin Wernimont, Joan McElroy, John Schletzbaum & all the Souls in Purgatory

Please contact Jackie Ward at [jward71@gmail.com](mailto:jward71@gmail.com) or 515-250-7385, Kris Gross at 515-210-0169 or Debbie McDaniel at 515-240-2029 to put someone on the Prayer Chain. They will notify the rest of the group to start immediate prayers.

We would like to offer a prayer shawl to parishioners who are ill or in need of comfort. The shawls were prayed over when created. Please make your request through one of the prayer chain leaders.

Please contact Michelle Helm 515-961-3026 to add or remove names from the bulletin

Creation

Care

Corner



**We all know plastics are bad for the environment and for our own bodies. If you'd like to reduce your personal consumption of plastics, here are some suggestions:**

1. The first and foremost question to ask ourselves is : Do I really need this product?" Be aware of personal WANTS versus NEEDS. Stop buying things you don't really need!
2. Buy fruit and vegetables not packaged in plastic. Buy from farmers' market's when possible and of course, take your own bags.
3. Aim to purchase things in glass jars and bottles instead of plastic containers -i.e., drinks, jams, spreads,etc.
4. Think about buying bars of soap/shampoo - instead of plastic pump bottles.
5. Don't buy bottled water. Get a reusable water bottle.
6. Say no to single-use plastics, such as drinking straws, knives and forks, and plastic-lined drink cups.
7. Use loose tea leaves - most tea bags are sealed with plastic.
8. REFUSE Styrofoam food and drink containers. Urge your local restaurants to ban them.

## Social Concerns



### Gathering Table

Our next Gathering Table is Monday, February 3. Please consider those who are less fortunate and so appreciate the meals we provide. We have been serving large numbers so please prayerfully consider helping out with main dishes, side dishes or dessert. Items can be put in the walk in refrigerator or freezer early if you can't come by on Monday. Servers can come anytime between 4:45 and 5 p.m.

You can sign up on the Church App on the Home page or at the following link:

<https://www.signupgenius.com/go/10C0C4DA4AF2EA6FBC43-gathering>

### Backpacks 4 Hunger Thank You

Thank you for your generosity with the food donations for Backpacks 4 Hunger. The gray tub filled several times. Hunger is often not readily visible, but it is real in Warren County. Thank you for caring!



## News from the Knights

### FEBRUARY AND MARCH EVENTS

**KC Breakfast— Sunday Feb 2-9-10 AM**  
**Monthly Meeting—Thursday Feb 13-6:30 PM**  
**KC Breakfast— Sunday Mar 2-9 to 10AM**  
**Lenten Fish Fries— Mar 7, 14, 2, 28, Apr 4, 11**

All male parishioners 18 and over are always invited to attend our monthly meetings and learn about the Knights of Columbus.

Great job artists!



Congratulations go out to **Beckett McPheron, Blythe McPheron, Cynthia Rose Adams, and Grace Kelly** as winners of the Keep Christ in Christmas Poster Contest. Each of them will receive a \$25 prize for their efforts. Thanks to you all for helping us to decorate the gathering space over the Christmas Season!

## Saint Thomas Aquinas Teens

**STAT - WEDNESDAY, FEBRUARY 5TH**  
**7:00-8:40**

CHRISTLIFE - MEET IN THE HALL

PRaise & WORSHIP



DINNER



MESSAGE



SHARING



DESSERT

**Topic:**  
**Why Do We Need a Savior?**



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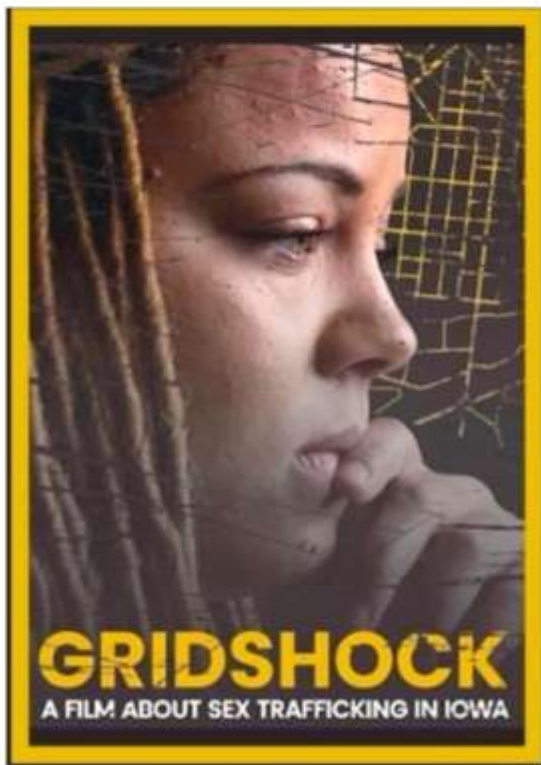
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# S.T.A.R.S

Saint Thomas Altar And Rosary Society

is hosting a FREE to the public showing of:



Monday, February 17  
7:00 PM  
St. Thomas Aquinas  
Church

Stacy Besch will present this documentary that was created by an Iowan and filmed in Iowa. Gridshock is a documentary that brings awareness to the human trafficking crisis happening right outside our doors.

Also featured will be Aimee McDonald, the executive director of Dorothy's House, a safe haven for women who are survivors of sex trafficking.