



# ST. THOMAS AQUINAS CATHOLIC CHURCH

210 S Wesley Street- Indianola, IA 50125  
515-961-3026

Weekend Mass: Saturday 4:30 pm - Sunday 8:00 am & 10:15 am  
Daily Mass: Wednesday-Friday 8:00 am and Tuesday 6:00 p.m.  
Mass at Smith Chapel on Simpson Campus: 5:00 pm on Sundays  
while school is in session  
First Tuesday of the month at Good Samaritan Nursing Home 9:30 am

## St. Thomas Aquinas Staff

515-961-3026

Pastor: Fr. Adam Westphal ext. 4  
Business Manager: Leasa Garrett ext. 3  
Administrative Assistant: Michelle Helm ext. 6  
Director of Religious Education: JoAnn Sayre ext. 5  
Youth Minister (STAT): Diane DeWall  
Maintenance: Jack Slinker  
Housekeeping: Andrea Ooms

**Deacon Support:** Rev. Mr. Dave O'Brien and Rev. Mr. Tom Hunkele

**Eucharistic Adoration with Exposition** is available Wednesdays from 9:00 a.m. to 9:00 p.m. in the Adoration chapel and most Friday mornings in the sanctuary.

**Rosary:** Please join us in praying the rosary every Tuesday evening starting at 6:30 in the church as we pray for peace, families, and your special intentions. The rosary is also prayed Wednesday, Thursday and Friday mornings at 7:40 a.m. before Mass.

**Liturgy of Baptism:** Pre-baptism classes are the third Saturday of every month. Please call the Parish Office to register.

**Liturgy of Marriage:** Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

**Prayer Chain:** To be put on the prayer chain, call Kris Gross 515-210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 515-240-2029 or follow this link: [pray.mysta.org](http://pray.mysta.org)

**Care of the Sick & Homebound:** Call the office to request the Sacrament of the Sick or the Eucharist, or follow this link: [care.mysta.org](http://care.mysta.org)


**Newcomers/Change of Addresses:** [new.mysta.org](http://new.mysta.org) Please update your address in a timely manner if you move.

**Bulletin Announcements:** Information must be in by 4PM on Tuesday to Michelle Helm - [mhelm@stthomasindianola.com](mailto:mhelm@stthomasindianola.com)

**Office Hours:** Monday-Friday 9:00a.m.-4:00p.m.

**Parish Office:** 515-961-3026

**Website:** [stthomasindianola.com](http://stthomasindianola.com)

 Saint Thomas Church Indianola IA

**For Sacramental Emergencies:** call 515-961-3026 when prompted push #7

### Saturday, February 8

328: Heb 13: 15-17, 20-21/Mk 6:30-34  
3:30 pm—4:15 p.m. *Sacrament of Reconciliation*  
4:30 pm Mass at St. Thomas—Luke Clutter

### Sunday, February 9

#### FIFTH SUNDAY IN ORDINARY TIME

Is 6:1-2a, 3-8/1 Cor 15:1-11  
or 15:3-8, 11/Lk 5:1-11

8:00 am Mass at St. Thomas—For the People  
10:15 am Mass at St. Thomas—John & Donna  
Sereg

5:00 pm—Simpson Mass

### Monday, February 10

#### SAINT SCHOLASTICA

329: Gn 1:1-19/Mk 6:53-56

**NO MASS AT ST. THOMAS**

### Tuesday, February 11

330: Gn 1:20—2:4a/Mk 7:1-13

6:00pm Mass at St. Thomas—Bill Thomas

### Wednesday, February 12

331: Gn 2:4b-9, 15-17/Mk 7:14-23

8:00 am Mass at St Thomas—Frueh Family

### Thursday, February 13

332 : Gn 2:18-25/Mk 7:24-30

8:00 am Mass at St. Thomas—Jimmy Franken

### Friday, February 14

#### SAINTS CYRIL AND METHODIUS

333: Gn 3:1-8/Mk 7:31-37

8:00 am Mass at St. Thomas—Winston Sayre

### Saturday, February 15

334: Gn 3:9-24/Mk 8:1-10

3:30 pm—4:15 p.m. *Sacrament of Reconciliation*  
4:30 pm Mass at St. Thomas—Larry Cutts

### Sunday, February 16

#### SIXTH SUNDAY IN ORDINARY TIME

78: Jer 17:5-8/1 Cor 15:12, 16-20/Lk 6:17,  
20-26

8:00 am Mass at St. Thomas—For the People  
10:15 am Mass at St. Thomas—Gerald O'Meara

5:00 pm—Simpson Mass



## Father Adam's Five for February 6– February 12

1) Wednesday February 12 we will have confessions beginning at 5:45; 5 priests will be hearing confessions. ChristLife for STAT will proceed as usual- STAT kids will have the option to either come early or go to confession on the STAT retreat.

2) I'm excited to announce that February 11 we will have a relic of Blessed Carlo Acutis come to St. Thomas Aquinas! The relic of Blessed Carlo will be available for veneration after the Tuesday evening Mass.

3) Thanks to everyone who signed up for Adoration at our sign up table this past weekend. We had at least 4 people join our hours and are close to being able to offer Eucharistic Adoration with Exposition on Tuesdays! There will be a Celebratory Reception for current/past adorers on Sunday February 16th at 2pm

4) As we wrap up the Ignite! campaign, we are looking for what to do next. We identified needs in 2022, and we are finishing up that check list- now what? Click here if you are on a digital device or go to [mysta.org](http://mysta.org) for the survey link.

5) It is time to begin the process of rebuilding all of our liturgical ministries. We started with the EMHC's, and while we still need more volunteers for that ministry we also need to look to our other liturgical needs. The first step is the APP training. Please come one of the following dates if you haven't been through the APP training: Feb 8 @ 10:00 a.m., Feb 9 in between Masses, Feb 11 @ 7 p.m., Feb 14 @ 4 p.m.

Simpson ChristLife  
Part One: DC



Parish ChristLife  
Part One: DC



New Parishioner and  
information update



**Saint Scholastica 480-543**

Patron Saint of Nuns, twin sister to St. Benedict of Nursia. St. Scholastica was dedicated to God from a very young age. She established the first convent of Benedictine Nuns. A fun story recounts that after one of the brother and sister's yearly visits, Scholastica didn't want Benedict to leave, but when she asked him to prolong his stay he refused. Scholastica then closed her hands in prayer, after which a storm broke out, preventing Benedict from returning to his own abbey. She told him "You would not listen, so I asked my God and He did listen".

*Saint Scholastica (c480-543) Chromolithograph from 1887 Edition of Butler's Lives of the Saints.*

## ADORATION

Thank you to everyone who stopped by the table this past weekend. We had several new sign ups. Praise God!!! We also had many who stopped by to inquire and get information on Adoration and many with prayers, encouragement and ideas.

Please keep praying that Jesus will touch many more hearts to spend time with Him in Holy Adoration so that we can expand our adoration ministry.

**Here is an updated list of hours we need to fill.**

**Tues: 1 at noon, 2 at 3pm and 1 at 4pm**  
**Wed: 1 at each - 11am, 12 pm and 1pm**  
**Thurs: 2 at noon, 1 at 1 pm and 1 at 4pm**

Please note, no key is necessary to get into the chapel. It is open whenever the church doors are unlocked. Jesus is currently exposed on Wednesday from 9am until 9pm but is present in the tabernacle at all times.

To sign up for one of our open hours or if you have questions, please contact Anitta Spenner at 515-344-7850 or [spennani1976@outlook.com](mailto:spennani1976@outlook.com)

Reminder for past or present adorers: There will be a celebratory reception/openhouse for past and present adorers including substitute adorers on Sunday, February 16 from 2-4. Please RSVP to Anitta if you are able to attend.

## Prayer List

For all those in need, Clara Hill, Axel Hammer, Leasa Garrett, Bryan Bradley, Kailey Peters, Kerri O'Meara, Carol Proctor, Helen Kollasch, Deanna Bahr, Doug Andreasen, Patrick Shandley, Martin Wernimont, Joan McE Iroy, John Schletzbaum & all the Souls In Purgatory

Please contact Jackie Ward at [jward71@gmail.com](mailto:jward71@gmail.com) or 515-250-7385, Kris Gross at 515-210-0169 or Debbie McDaniel at 515-240-2029 to put someone on the Prayer Chain. They will notify the rest of the group to start immediate prayers.

We would like to offer a prayer shawl to parishioners who are ill or in need of comfort. The shawls were prayed over when created. Please make your request through one of the prayer chain leaders.

Please contact Michelle Helm 515-961-3026 to add or remove names from the bulletin



# Creation Care



Corner

Scientists are now discovering microplastics and nano-plastics in our organs and arteries. Studies are ongoing as to how this will affect us. As consumers of plastics, we can make some changes in our lives to lessen the threat to our bodies. Here are just a few suggestions:

- Stop using bottled water. Replace plastic bottles with a reusable bottle.
- Consider investing in a filter for tap water.
- Eliminate single-use plastic as much as you can and don't reuse these items.
- Cut back on foods that come in plastic packaging or that have plastic linings.
- Aim for shorter dishwasher cycles with fewer plastic items.
- Never cook your food in plastic in the microwave. The heat will drive those particles into your food. Heat your leftovers on the stove.
- Stop using tea bags. Certain bags are loaded with microplastics. Replace them with loose leaf tea.
- Keep tires filled. Lower tire pressures can disperse microplastics into the air.

Note: If you would like to become a member of our Creation Care Team, you can sign up on the church app or contact Rita Bresnan (515-783-0643).



# Social Concerns

## Save the Date: "We Do Not Stand Alone"

Do you know the seven themes of Catholic Social Teaching? The publication of Leo XIII's encyclical, *Rerum Novarum*, in 1891 began the development of a body of social teaching in the Catholic Church. These teachings are just as relevant in our lives today as they were 130 years ago. Consider using this Lenten season to learn more about them and how they are a part of our lives.

Four Sunday sessions will be held Sunday March 9, 23, 30 and April 6, 6:30-7:45 p.m. The sessions presented by the Creation Care Team and Social Concerns Committee will include videos, discussion, Bible study, and more. Watch for the bulletin insert next weekend for more information and registration details.

## Nourish for Caregivers

The support group for caregivers is Feb. 10 from 6 p.m. - 7:30 p.m. at St. Pius X Parish, Archangels Meeting Room. If you're caring for children, a spouse or a parent, take some time for support with Nourish for Caregivers. Questions? Contact Deacon Troy Thompson at [troyt@holyltrinitydm.org](mailto:troyt@holyltrinitydm.org) or Deacon Jim Houston at [pastoralcare@saintpiuschurch.org](mailto:pastoralcare@saintpiuschurch.org).



## Job Opportunity at St. Francis

Join the vibrant team at St. Francis of Assisi Catholic Church! We're seeking a mission-driven individual to inspire and lead faith formation programs for middle and high school youth. Be a part of our exciting potential partnership with NET Ministries, hosting a Discipleship Team all year to evangelize and build lasting relationships with our youth. Ready to make an impact? Apply by February 28, 2025! Visit [www.saintfrancischurch.org/our-parish/job-opening](http://www.saintfrancischurch.org/our-parish/job-opening) for more details.

## News from the Knights

### FEBRUARY AND MARCH EVENTS

Monthly Meeting—Thursday Feb 13-6:30 PM  
KC Breakfast—Sunday Mar 2-9 to 10AM  
Lenten Fish Fries—Mar 7, 14, 2, 28, Apr 4, 11

All male parishioners 18 and over are always invited to attend our monthly meetings and learn about the Knights of Columbus.

The next ManUp West Power Lunch is Friday, February 14th with Iowa Catholic Radio host, Bo Bonner. What's love got to do with it? Come find out as he explores romance, martyrdom and the paradox of Saint Valentine's Day. Lunch provided by Chick fil A. Register at [IowaCatholicRadio.com](http://IowaCatholicRadio.com) or follow the link below:

<https://www.eventbrite.com/e/manup-west-power-lunch-tickets-1203624556449?aff=oddtcreator>

## Please pick up your coasters!

There are still several sets of coasters made by Fr. Adam that need to be picked up in our gathering space. You will find them on the small round table by the reception desk in a box with your name on it. Thank you!

## Saint Thomas Aquinas Teens

STAT - WEDNESDAY, FEBRUARY 12TH  
7:00-8:40

CHRISTLIFE - MEET IN THE HALL

PRaise & WORSHIP



DINNER



MESSAGE



SHARING



DESSERT

Topic:

Why Is the Resurrection Important?

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