



ST. THOMAS AQUINAS CATHOLIC CHURCH

210 S Wesley Street- Indianola, IA 50125

515-961-3026

Weekend Mass: Saturday 4:30 pm - Sunday 8:00 am & 10:15 am

Daily Mass: Wednesday-Friday 8:00 am and Tuesday 6:00 p.m.

Mass at Smith Chapel on Simpson Campus: 5:00 pm on Sundays
while school is in session

Good Samaritan Nursing Home 9:30 am on March 11

Saturday, March 8

222: Is 58:9b-14/Lk 5:27-32

3:30 pm—4:15 p.m. Sacrament of Reconciliation

4:30 pm Mass at St. Thomas—Larry Cutts

Sunday, March 9

FIRST SUNDAY OF LENT

24:Dt 26:4-10/Rom 10:8-13/Lk 4:1-13

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Keith & Mary
Joslyn

5:00 pm—Simpson Mass

Monday, March 10

224: Lv 19:1-2, 11-18/Mt 25:31-46

NO MASS AT ST. THOMAS

Tuesday, March 11

225: Is 55:10-11/Mt 6:7-15

6:00pm Mass at St. Thomas—John & Donna
Sereg

Wednesday, March 12

226: Jon 3:1-10/Lk 11:29-32

8:00 am Mass at St. Thomas—Josh Owen

Thursday, March 13

227: Est C:12, 14-16, 23-25/Mt 7:7-12

8:00 am Mass at St. Thomas

Friday, March 14

228: Ez 18:21-28/Mt 5:20-26

8:00 am Mass at St. Thomas—Frueh family

Saturday, March 15

229: Dt 26:16-19/Mt 5:43-48

3:30 pm—4:15 p.m. Sacrament of Reconciliation

4:30 pm Mass at St. Thomas—Dhiraj Kumar
Gupta and Amber Aller

Sunday, March 16

SECOND SUNDAY OF LENT

27: Gn 15:5-12, 17-18/Phil 3:17—4:1

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—John & Donna
Sereg

5:00 pm—Simpson Mass

St. Thomas Aquinas Staff

515-961-3026

Pastor: Fr. Adam Westphal

ext. 4

Business Manager: Leasa Garrett

ext. 3

Administrative Assistant: Michelle Helm

ext. 6

Director of Religious Education: JoAnn Sayre

ext. 5

Youth Minister (STAT): Diane DeWall

Maintenance: Jack Slinker

Housekeeping: Andrea Ooms

Deacon Support: Rev. Mr. Dave O'Brien and Rev. Mr. Tom Hunkele

Eucharistic Adoration with Exposition is available Wednesdays from 9:00 a.m. to 9:00 p.m. in the Adoration chapel and most Friday mornings in the sanctuary.

Rosary: Please join us in praying the rosary every Tuesday evening starting at 6:30 in the church as we pray for peace, families, and your special intentions. The rosary is also prayed Wednesday, Thursday and Friday mornings at 7:40 a.m. before Mass.

Liturgy of Baptism: Parents must attend Pre-baptism classes. Please call the Parish Office to register.

Liturgy of Marriage: Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

Prayer Chain: To be put on the prayer chain, call Kris Gross 515-210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 515-240-2029 or follow this link: pray.mysta.org

Care of the Sick & Homebound: Call the office to request the Sacrament of the Sick or the Eucharist, or follow this link: care.mysta.org


Newcomers/Change of Addresses: new.mysta.org Please update your address in a timely manner if you move.

Bulletin Announcements: Information must be in by 4PM on Tuesday to Michelle Helm - mhelm@stthomasindianola.com

Office Hours: Monday-Friday 9:00a.m.-4:00p.m.

Parish Office: 515-961-3026

Website: stthomasindianola.com

 Saint Thomas Church Indianola IA

For Sacramental Emergencies: call 515-961-3026 when prompted push #7



Father Adam's Five for March 6—March 12

1) It is FISH FRY SEASON! Come join us on Fridays during Lent for a fish dinner and Stations of the Cross following.

2) Thanks to everyone who signed up for our two Lenten events- ChristLife part one: Discovering Christ and the deep dive into Catholic Social teaching. There is still time to register for both- ChristLife at dc.mysta.org and Catholic Social Teaching at cst.mysta.org

3) We're trying something new this year for the ADA- if you'd like to donate by check, please drop the check in the wooden box by the ADA sign. We will put the checks in our safe and mail them to the Diocese throughout all of March.

Please make checks out to the Diocese of Des Moines.

We finished 16th last year, I'd like to be in the top 10 this year. Thank you all!

4) Thank you for the prayers for our Simpson/STAT Discovering Christ retreat. It was a powerful weekend.

5) Thanks for all the feedback on the chairs! Right now the darker of the two chairs is leading with 75% of the votes. We still have some more research to do, and more planning, and more tests with the chairs, and are still a long way off from making any sort of investment in new chairs (given the cost), but the votes you cast are an important part of the research. Thanks again!

Parish ChristLife Part
One: DC



New Parishioner and information
update



A Catholic Guide to Ashes

@BillDonaghy



A little Ash Wednesday humor for our first Sunday of Lent—
which ashes did you get?

MASS TIME CHANGE

This month's mass at the Good Samaritan Nursing Home will be on March 11 at 9:30 instead of on March 4th.



Adoration Needs

As you know, during lent we are called to fast, pray and give alms. Now may be the perfect time to start and add adoration to your prayer routine!

I know with busy schedules it is hard to even imagine you can find an hour or keep your hour but once you make the commitment, you will discover you look forward to it and will rearrange things around adoration vs. the other way around. Also remember that we have 2 adorers at each hour Jesus is exposed so that there is usually a back-up and if neither adorer can be present, we will find a sub for you.

Hours Needed:

Tuesday: 1 adorer for 9, 2, 3 and 4

Wednesday: 1 adorer at Noon, 1 and 2

Thursday: 1 adorer at 1, 3 and 4 and 2 adorers at Noon and 5 pm

Please consider spending an hour each week with Jesus....you will never be sorry in this life or that next. Contact Anitta at 515-344-7850 or spennani1976@outlook.com.



"Every Holy Hour we make so pleases the Heart of Jesus that it is recorded in Heaven and retold for all eternity!"
(St. Teresa of Calcutta)

Prayer List

For all those in need, Clara Hill, Axel Hammer, Leasa Garrett, Bryan Bradley, Kailey Peters, Kerri O'Meara, Carol Proctor, Helen Kollasch, Deanna Bahr, Doug Andreasen, Patrick Shandley, Martin Wernimont, Joan McE Iroy, John Schletzbaum & all the Souls in Purgatory

Please contact Jackie Ward at jjward71@gmail.com or 515-250-7385, Kris Gross at 515-210-0169 or Debbie McDaniel at 515-240-2029 to put someone on the Prayer Chain. They will notify the rest of the group to start immediate prayers.

We would like to offer a prayer shawl to parishioners who are ill or in need of comfort. The shawls were prayed over when created. Please make your request through one of the prayer chain leaders.

Please contact Michelle Helm at 515-961-3026 to add or remove names from the bulletin.

Creation Care

Our sessions of the social teachings of the church will start this Sunday night at 6:30. If you would still like to join us for this evening or any of the upcoming sessions on March 23, 30 or April 6, sign up on the church app or call Rita Bresnan at 515-783-0643. The Creation Care Team and the Social Concerns Committee welcome any latecomers.

Anyone interested in joining the Creation Care Team can call Rita Bresnan at 515-783-0643 or go to the church app.



Corner

Thank You to everyone who gave a gift this past weekend to the Annual Diocesan Appeal. Our parish goal is 100% participation. Each and every person's gift brings us closer to that goal.

2025 ANNUAL
DIOCESAN APPEAL



When we reach our parish monetary goal, any additional gifts stay right here for our own use. If you have not made a gift, please join us in supporting the vital programs and services throughout the Diocese that no single individual or parish can offer.

Simply fill out a contribution card and drop it in the offertory basket or mail. Contribution cards and envelopes are located on the table in the Gathering Space. Gifts can also be made online www.DMDiocese.org/giving or scan the QR codes on the poster or on the cards in the pews. Thank you for your generosity and your support of the Annual Diocesan Appeal.



Knights of Columbus Scholarship Information:

The St. Thomas Aquinas Knights of Columbus Council is offering higher learning scholarships to graduating high school seniors and undergraduate students.

For scholarship information, go the St. Thomas Aquinas website at stthomasindianola.com. The application is at the bottom of the home page and also on the Knights of Columbus tab under Ministries.

Applications are to be emailed to vandy.omeara@gmail.com or mailed to **Pat O'Meara, 201 North J Street, Indianola, IA. 50125.**

Applications must be received at the correct email or mailing address by April 6, 2025.



News from the Knights

Upcoming events

Lenten Fish Fries— Mar 7, 14, 21, 28,
Apr 4, 11

March Meeting— March 13— 6:30 to 8:00

April Meeting— April 10— 6:30 to 8:00

IVHC Bake Sale— April 12 & 13—After all masses

All male parishioners 18 and over are always invited to attend our monthly meetings.



ENCOUNTER THE EUCHARIST



Encounter the Eucharist: An Evening with Fr. Mike Schmitz.

Wednesday Night, April 2 at the Community Choice Convention Center in Des Moines. A special night of Sacred Music, Eucharistic Adoration, and the host of Bible in a Year and Catechism in a Year. You won't want to miss this 20th Anniversary Fundraiser for Iowa Catholic Radio.



Tickets available at frmikelive.com

Are you a Licensed Mental Health Professional?

Join the Diocese of Des Moines Mental Health Referral Network. The Office of Marriage and Family Life is looking for more local clinicians who would like to support Catholic families and individuals seeking mental health care that aligns with and respects our Catholic beliefs and values. We are especially in need of therapists who can provide services in other languages, especially Spanish or Vietnamese.

If you are interested in joining or for more information about this program, please contact John Gaffney, interim director of Marriage and Family Life/director of Evangelization and Mission, at jgaffney@dm-diocese.org or 515-237-5026.

Saint Thomas Aquinas Teens

STAT - WEDNESDAY, MARCH 12TH
7:00-8:40

CHRISTLIFE - MEET IN THE HALL

PRAISE & WORSHIP



DINNER



MESSAGE



SHARING



DESSERT

Topic:

New life in the Spirit?

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 <p>Iowa Realty Iowa's Largest Kim Tierney Keller 453-5320</p>	 <p>OVERTON FUNERAL HOME 501 W ASHLAND AVENUE - INDIANOLA - (515) 961-5121 office@overtonfunerals.com Funeral Directors Jeff Petersen - Alex Petersen - Elizabeth Waller</p>		<p>Jeff Smith Owner jeff@sccon92.com</p> <p>Smith's Collision Center Specializing in Auto Body Repair 710 E Second Ave. (515) 961-3688 Indianola, IA 50125 (515) 961-3689</p>
 <p>Optometric Associates Dr. Craig Winjum Dr. Michael O'Meara Dr. Jonathan Anderson 225 W. Ashland Ave, Suite 1 Phone 515-961-5305</p>	<p>St Thomas Pastoral Center Available for your wedding receptions, family reunions, fundraisers. Call the Office 515-961-3026</p> 		 <p>ask. seek. knock.</p> <p>Join us And experience Christ, In a whole new way.</p>
 <p>Peoples Bank mybankpsb.com Member FDIC</p>	<p>A PERSONALIZED BAR SERVICE for your event Crafted cocktails catered FOR YOU by our mixologists We work together to ensure that your bar is tailored specifically to you and your event. We will work with you every step of the way.</p> <p>TOP IT OFF LIQUID CATERING 515-402-0660 • www.topitoff.com Exclusive liquor license at The Loft DSM. The Temple of Performing Arts & The Northridge Event Center</p>	<p>It's Never Too Late to Sweep Your Chimney!</p>  <p>• Chimney Sweeping • Air Duct & Dryer Vent Cleaning Call today! • 515-249-6337</p>	 <p>ATTORNEYS AT LAW</p>
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 <p>Skeffington's 2453 S.W. 9th St. Des Moines, Ia. 50315 Ph: 283-0453; 1-800-532-1157 www.skeffingtons.com Tuxes@skeffingtons.com The Best in Formal Wear</p>	 <p>MCCOY TRUE VALUE HARDWARE 216 N. HOWARD INDIANOLA, IA 50125 515-961-4755</p>	 <p>Dr. Sandra Fox 515-808-7000 Dental care for infants, children and teens in a warm, family-friendly environment</p>	<p>Space available</p> <p>Call 515-961-3026</p>
 <p>MEDICAP PHARMACY Tel: 515-961-5303 208 E Euclid Ave Indianola, IA 50125</p>	<p>Portable Welding Trailer Hitches</p>  <p>Pierce Bros. Repair 110 E. Boston Indianola, IA 50125 (515) 961-4924 KURT E. WELLS Owner</p>	 <p>Peterson Funeral Services Founded 1946 Jon Peterson, Kasey Peterson, Lee Snider, Directors 602 E Salem Ave Indianola, IA 515-961-3091</p>	<p>Wiegert Disposal Inc. Trash Service for Residential-Commercial- Industrial Dumpsters-Roll Offs Call for Free Estimates 515-764-2389 800-728-4908</p>