



ST. THOMAS AQUINAS CATHOLIC CHURCH

210 S Wesley Street- Indianola, IA 50125
515-961-3026

Weekend Mass: Saturday 4:30 pm - Sunday 8:00 am & 10:15 am
Daily Mass: Wednesday-Friday 8:00 am and Tuesday 6:00 p.m.
Mass at Smith Chapel on Simpson Campus: 5:00 pm on Sundays
while school is in session
First Tuesday of the month at Good Samaritan Nursing Home 9:30 am

St. Thomas Aquinas Staff

515-961-3026

Pastor: Fr. Adam Westphal ext. 4
Business Manager: Leasa Garrett ext. 3
Administrative Assistant: Michelle Helm ext. 6
Director of Religious Education: JoAnn Sayre ext. 5
Youth Minister (STAT): Diane DeWall
Maintenance: Jack Slinker
Housekeeping: Andrea Ooms

Deacon Support: Rev. Mr. Dave O'Brien and Rev. Mr. Tom Hunkele

Eucharistic Adoration with Exposition is available Wednesdays from 9:00 a.m. to 9:00 p.m. in the Adoration chapel and most Friday mornings in the sanctuary.

Rosary: Please join us in praying the rosary every Tuesday evening starting at 6:30 in the church as we pray for peace, families, and your special intentions. The rosary is also prayed Wednesday, Thursday and Friday mornings at 7:40 a.m. before Mass.

Liturgy of Baptism: Parents must attend Pre-baptism classes. Please call the Parish Office to register.

Liturgy of Marriage: Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

Prayer Chain: To be put on the prayer chain, call Kris Gross 515-210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 515-240-2029 or follow this link: pray.mysta.org

Care of the Sick & Homebound: Call the office to request the Sacrament of the Sick or the Eucharist, or follow this link: care.mysta.org


Newcomers/Change of Addresses: new.mysta.org Please update your address in a timely manner if you move.

Bulletin Announcements: Information must be in by 4PM on Tuesday to Michelle Helm - mhelm@stthomasindianola.com

Office Hours: Monday-Friday 9:00a.m.-4:00p.m.

Parish Office: 515-961-3026

Website: stthomasindianola.com

 Saint Thomas Church Indianola IA

For Sacramental Emergencies: call 515-961-3026 when prompted push #7

Saturday, March 15

229: Dt 26:16-19/Mt 5:43-48

3:30 pm—4:15 p.m. Sacrament of Reconciliation

4:30 pm Mass at St. Thomas—Dhiraj Kumar Gupta and Amber Aller

Sunday, March 16

SECOND SUNDAY OF LENT

27: Gn 15:5-12, 17-18/Phil 3:17—4:1

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—John & Donna Sereg

5:00 pm—Simpson Mass

Monday, March 17

230: Dn 9:4b-10/Lk 6:36-38

NO MASS AT ST. THOMAS

Tuesday, March 18

231: Is 1:10, 16-20/Mt 23:1-12

6:00pm Mass at St. Thomas—Carol Bailey

Wednesday, March 19

SAINT JOSEPH

543: 2 Sm 7:4-5a, 12-14a, 16/Rom 4:13, 16-18, 22/Mt 1:16, 18-21, 24a

8:00 am Mass at St. Thomas—Bev & Rich Krier

Thursday, March 20

233: Jer 17:5-10/Lk 16:19-31

8:00 am Mass at St. Thomas—Winston Sayre

Friday, March 21

234: Gn 37:3-4, 12-13a, 17b-28a/Mt 21:33-43, 45-46

8:00 am Mass at St. Thomas

Saturday, March 22

235: Mi 7:14-15, 18-20/Lk 15:1-3, 11-32

3:30 pm—4:15 p.m. Sacrament of Reconciliation

4:30 pm Mass at St. Thomas—Keith & Mary Joslyn

Sunday, March 23

THIRD SUNDAY OF LENT

30: Ex 3:1-8a, 13-15/1 Cor 10:1-6, 10-12/Lk 13:1-9

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Mike Metz

5:00 pm—Simpson Mass



Father Adam's Five for March 13—March 19

1) Thanks Everyone for your help with the Annual Diocesan Appeal. We are off to a great start. I'll have updated numbers for the weekend, but as of March 13 we have collected over \$8,000!

2) During Lent, I am going to be preaching a series of homilies on Catholic Social Teaching. If you'd like to listen to them after the fact, you can find them on the church app. Click the "More" icon and then click "Audio files" then click "homilies". Or, go to homily.mysta.org

3) We're trying something new this year for the ADA. In addition to donating online at ada.mysta.org (and choosing Indianola from the drop-down menu), if you'd like to donate by check, please drop the check in the wooden box by the ADA sign. We will put the checks in our safe and mail them to the Diocese throughout all of March.

Please make checks out to the Diocese of Des Moines.

4) During Lent, I'm adding extra confession times. In addition to the normal Saturday confessions, I will hear confessions 45 minutes before mass begins until 15 minutes before Mass begins (including Simpson).

5) In order to be able to communicate for free with all of you, please download the app and allow app notifications. You can go to app.mysta.org. Emails and texts both are paid services for us, but app notifications are free.



St. Joseph, feast Day March 19

St. Joseph was the husband of Mary, the mother of Jesus. According to the earliest Christian traditions, he was a carpenter or woodworker. The Gospel of Matthew calls him a "righteous man," meaning he was an observant Jew who obeyed God's law. Joseph was engaged to Mary, but when he discovered that she was pregnant with Jesus, he decided to call off the marriage—but "quietly," since the penalty for adultery was death by stoning. However, the angel of the Lord told him in a dream that he should go ahead with the marriage because Mary's child was conceived by the Holy Spirit.

This was the first of four divinely inspired dreams that are recorded in the Gospel of Matthew; for this reason, he is sometimes called "the dreamer." After each of these dreams, "he did as the angel of the Lord had commanded him" (Matthew 1:24). From TeachingCatholicKids.com

St Joseph and the Christ Child— El Greco, circa 1600

Adoration Needs

As you know, during lent we are called to fast, pray and give alms. Now may be the perfect time to start and add adoration to your prayer routine!

I know with busy schedules it is hard to even imagine you can find an hour or keep your hour but once you make the commitment, you will discover you look forward to it and will rearrange things around adoration vs. the other way around. Also remember that we have 2 adorers at each hour Jesus is exposed so that there is usually a back-up and if neither adorer can be present, we will find a sub for you.

Hours Needed:

Tuesday: 1 adorer for 9, 2, 3 and 4

Wednesday: 1 adorer at Noon, 1 and 2

Thursday: 1 adorer at 1, 3 and 4 and 2 adorers at Noon and 5 pm

Please consider spending an hour each week with Jesus....you will never be sorry in this life or that next. Contact Anitta at 515-344-7850 or spennani1976@outlook.com.



"Every Holy Hour we make so pleases the Heart of Jesus that it is recorded in Heaven and retold for all eternity!"
(St. Teresa of Calcutta)

Prayer List

For all those in need, Clara Hill, Axel Hammer, Leasa Garrett, Bryan Bradley, Kailey Peters, Kerri O'Meara, Carol Proctor, Helen Kollasch, Deanna Bahr, Doug Andreasen, Patrick Shandley, Martin Wernimont, Joan McElroy, John Schletzbaum & all the Souls in

Please contact Jackie Ward at jjward71@gmail.com or 515-250-7385, Kris Gross at 515-210-0169 or Debbie McDaniel at 515-240-2029 to put someone on the Prayer Chain. They will notify the rest of the group to start immediate prayers.

We would like to offer a prayer shawl to parishioners who are ill or in need of comfort. The shawls were prayed over when created. Please make your request through one of the prayer chain leaders.

Please contact Michelle Helm at 515-961-3026 to add or remove names from the bulletin.

Creation Care

Here are 3 suggestions you might add to your Lenten experience:

1. Replace 30 min. of daily secular media use with a spiritual podcast, a Scripture reading or watch "The Letter" on YouTube.
2. Celebrate the gift of creation by taking a walk with your loved one.
3. Think critically about the life you want to live and what you want to give to the community and then consider making a donation to make this a reality.

Anyone interested in joining the Creation Care Team can call Rita Bresnan at 515-783-0643 or go to the Church App.



Corner

ADA—Why should I contribute?

The money raised through the Annual Diocesan Appeal helps financially assist many ministries, programs, and offices in our Diocese. Here are just a few ways this money keeps our Diocese going:

The Office of the Diaconate:

- Provides formation for Deacon Candidates
- Support and ongoing formation for all Deacons and Diaconate candidates

Office of Vocations:

- Creates a culture of Vocations, promoting priesthood and religious life
- Provides tuition for seminarians
- Oversees summer pastoral and education programs for seminarians



Knights of Columbus Scholarship Information:

The St. Thomas Aquinas Knights of Columbus Council is offering higher learning scholarships to graduating high school seniors and undergraduate students.

For scholarship information, go the St. Thomas Aquinas website at stthomasindianola.com. The application is at the bottom of the home page and also on the Knights of Columbus tab under Ministries.

Applications are to be emailed to vandy.omeara@gmail.com or mailed to Pat O'Meara, 201 North J Street, Indianola, IA. 50125

Applications must be received at the correct email or mailing address by April 6, 2025.



News from the Knights

Upcoming events

Lenten Fish Fries— Mar 14, 21, 28,; Apr 4, 11

April Meeting— April 10— 6:30 to 8:00

IVHC Bake Sale— April 12 & 13—After all masses

All male parishioners 18 and over are always invited to attend our monthly meetings.

ENCOUNTER THE EUCHARIST



Encounter the Eucharist: An Evening with Fr. Mike Schmitz.

Wednesday Night, April 2 at the Community Choice Convention Center in Des Moines. A special night of Sacred Music, Eucharistic Adoration, and the host of Bible in a Year and Catechism in a Year. You won't want to miss this 20th Anniversary Fundraiser for Iowa Catholic Radio.

Tickets available at frmikelive.com



Annual Women's Conference

April 5, 2025 9:30 am - 3:00 pm

St John the Apostle Parish, Norwalk

Unwrapping God's Gifts:

All women are invited! Hope. Faith. Joy
Keynote Speaker: Jean Gatz

LAST DAY TO REGISTER March 29



To register, use your camera on your phone

<== to scan this

or Des Moines Diocesan Council of Catholic Women on Facebook

or go to DMDiocese.org/events, click on Adult Faith Formation and scroll down to April 5



~ Cost of \$30 includes snacks & lunch.

Need help? email DesMoinesCCW@gmail.com

Saint Thomas Aquinas Teens



Enjoy Spring Break

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|  <p>ELLIS LAW OFFICES, P.C. <i>making a difference</i> (515) 962-9080 www.ellislawpc.com Family Law • Criminal Defense & Trial • Estate Planning Probate • Personal Injury • Real Estate • Business Law</p> |  <p>ALL AMERICAN FOOD™ 961-3553 Hwy 92 West</p> |  <p>400 S. J. Indianola, Ia. 515-961-2781 Tim McConnell</p> |  <p>Country Propane • Heating • Cooling P.O. Box 95 Milo, Iowa 50166 (641) 942-6320</p> |
|  <p>Iowa Realty Iowa's Largest Kim Tierney Keller 453-5320</p> |  <p>OVERTON FUNERAL HOME 501 W ASHLAND AVENUE - INDIANOLA - (515) 961-5121 office@overtonfunerals.com Funeral Directors Jeff Petersen - Alex Petersen - Elizabeth Waller</p> | | <p>Jeff Smith Owner jeff@sccon92.com</p> <p>Smith's Collision Center Specializing in Auto Body Repair 710 E Second Ave. (515) 961-3688 Indianola, IA 50125 (515) 961-3689</p> |
|  <p>Optometric Associates Dr. Craig Winjum Dr. Michael O'Meara Dr. Jonathan Anderson 225 W. Ashland Ave, Suite 1 Phone 515-961-5305</p> | <p>St Thomas Pastoral Center Available for your wedding receptions, family reunions, fundraisers. Call the Office 515-961-3026</p>  | |  <p>ask. seek. knock.</p> <p>Join us And experience Christ, In a whole new way.</p> |
|  <p>Peoples Bank mybankpsb.com Member FDIC</p> | <p>A PERSONALIZED BAR SERVICE for your event Crafted cocktails catered FOR YOU by our mixologists We work together to ensure that your bar is tailored specifically to you and your event. We will work with you every step of the way.</p> <p>TOP IT OFF LIQUID CATERING 515-402-0660 • www.topitoff.com Exclusive liquor license at The Loft DSM. The Temple of Performing Arts & The Northridge Event Center</p> | <p>It's Never Too Late to Sweep Your Chimney!</p>  <p>• Chimney Sweeping • Air Duct & Dryer Vent Cleaning Call today! • 515-249-6337</p> |  <p>ATTORNEYS AT LAW</p> |
|  <p>INDIANOLA PHYSICAL THERAPY Work well. Play well. Live well. 21st Century Rehab Matt DeWall, M.P.T., C.S.C.S. 1507 N. 1st Street (515) 961-7435</p> |  <p>Edward Jones</p>  <p>Andy Leech Financial Advisor 123 South Howard Indianola, IA 50125 515-961-5367 edwardjones.com</p> | <p>KRIER HOMES, INC 1004 S Jefferson Way Indianola, IA 50125 Phone: 515-961-7459 indianola@wausauhomes.com</p>  | <p>Stuyvesant, Strong, Krapfl, Carda Law Office Joe Strong & Terry Krapfl 106 E Salem Ave. (515-961-2574)</p> |
|  <p>2453 S.W. 9th St. Des Moines, Ia. 50315 Ph: 283-0453; 1-800-532-1157 www.skeffingtons.com Tuxes@skeffingtons.com The Best in Formal Wear</p> |  <p>MCCOY TRUE VALUE HARDWARE 216 N. HOWARD INDIANOLA, IA 50125 515-961-4755</p> |  <p>Dr. Sandra Fox 515-808-7000 Dental care for infants, children and teens in a warm, family-friendly environment</p> | <p>Space available Call 515-961-3026</p> |
|  <p>Tel: 515-961-5303 208 E Euclid Ave Indianola, IA 50125</p> | <p>Portable Welding Trailer Hitches</p>  <p>Pierce Bros. Repair 110 E. Boston Indianola, IA 50125 (515) 961-4924 KURT E. WELLS Owner</p> |  <p>Peterson Funeral Services Founded 1946 Jon Peterson, Kasey Peterson, Lee Snider, Directors 602 E Salem Ave Indianola, IA 515-961-3091</p> | <p>Wiegert Disposal Inc. Trash Service for Residential-Commercial- Industrial Dumpsters-Roll Offs Call for Free Estimates 515-764-2389 800-728-4908</p> |

“And He said to them, Come away by yourselves to a secluded place and rest a little while...” Mark 6:31

What better time than Lent to take Jesus up on this invitation and come see for yourself how the CGS atrium is that secluded place?

See some of the presentations that your children experience, interact with the beautiful materials from the atrium, and learn about how *you* can help our program continue to grow...

Gatechesis of The Good Shepherd



We will also have a sign-up for families to experience the atrium for themselves in private sessions throughout Lent

Come and see why your child is so excited to come to CGS on Wednesdays and Sundays

Join us for an open house on Sunday, March 23 from 3:00 to 4:00 pm in the multi-purpose room