



ST. THOMAS AQUINAS CATHOLIC CHURCH

210 S Wesley Street- Indianola, IA 50125
515-961-3026

Weekend Mass: Saturday 4:30 pm - Sunday 8:00 am & 10:15 am
Daily Mass: Wednesday-Friday 8:00 am and Tuesday 6:00 p.m.
Mass at Smith Chapel on Simpson Campus: 5:00 pm on Sundays
while school is in session
First Tuesday of the month at Good Samaritan Nursing Home 9:30 am

St. Thomas Aquinas Staff

515-961-3026

Pastor: Fr. Adam Westphal	ext. 4
Business Manager: Leasa Garrett	ext. 3
Administrative Assistant: Michelle Helm	ext. 6
Director of Religious Education: JoAnn Sayre	ext. 5
Youth Minister (STAT): Diane DeWall	
Maintenance: Jack Slinker	
Housekeeping: Andrea Ooms	

Deacon Support: Rev. Mr. Dave O'Brien and Rev. Mr. Tom Hunkele

Eucharistic Adoration with Exposition is available Wednesdays from 9:00 a.m. to 9:00 p.m. in the Adoration chapel and most Friday mornings in the sanctuary.

Rosary: Please join us in praying the rosary every Tuesday evening starting at 6:30 in the church as we pray for peace, families, and your special intentions. The rosary is also prayed Wednesday, Thursday and Friday mornings at 7:40 a.m. before Mass.

Liturgy of Baptism: Parents must attend Pre-baptism classes. Please call the Parish Office to register.

Liturgy of Marriage: Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

Prayer Chain: To be put on the prayer chain, call Kris Gross 515-210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 515-240-2029 or follow this link: pray.mysta.org

Care of the Sick & Homebound: Call the office to request the Sacrament of the Sick or the Eucharist, or follow this link: care.mysta.org


Newcomers/Change of Addresses: new.mysta.org Please update your address in a timely manner if you move.

Bulletin Announcements: Information must be in by 4PM on Tuesday to Michelle Helm - mhelm@stthomasindianola.com

Office Hours: Monday-Friday 9:00a.m.-4:00p.m.

Parish Office: 515-961-3026

Website: stthomasindianola.com

 Saint Thomas Church Indianola IA

For Sacramental Emergencies: call 515-961-3026 when prompted push #7

Saturday, May 17

284: Acts 13:44-52/Jn 14:7-14

3:30pm — 4:15pm Sacrament of Reconciliation

4:30 pm Mass at St. Thomas— Larry Cutts

Sunday, May 18

FIFTH SUNDAY OF EASTER

54: Acts 14:21-27/Rv 21:1-5a/Jn 13:31-33a, 34-35

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Mike Metz

5:00 pm—Simpson Mass

Monday, May 19

285: Acts 14:5-18/Jn 14:21-26

NO MASS AT ST. THOMAS

Tuesday, May 20

286: Acts 14:19-28/Jn 14:27-31a

6:00pm Mass at St. Thomas—Mary Brown

Wednesday, May 21

287: Acts 15:1-6/Jn 15:1-8

8:00 am Mass at St. Thomas— Gary and Vivian Elbert

Thursday, May 22

288: Acts 15:7-21/Jn 15:9-11

8:00 am Mass at St. Thomas—Charles Hastie

Friday, May 23

289: Acts 15:22-31/Jn 15:12-17

8:00 am Mass at St. Thomas— Pat Miller

Saturday, May 24

290: Acts 16:1-10/Jn 15:18-21

3:30pm — 4:15pm Sacrament of Reconciliation

4:30 pm Mass at St. Thomas— Mike Nestvedt

Sunday, May 25

SIXTH SUNDAY OF EASTER

57: Acts 15:1-2, 22-29/Rv 21:10-14, 22-23/Jn 14:23-29

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Mike Metz



Father Adam's Five for May 15—May 21

1) Our ensemble for May 31 is growing! If you'd like to be part of a one-time ensemble to honor our Blessed Mother, please attend the information session after the 4:30 Mass on May 17 or come to the special rehearsal on May 24 (also after the 4:30 Mass). You can also let Emma know you are interested by going to mary.mysta.org and filling out the form.

2) I'm excited about the ministry opportunities for next year. We are finalizing our plans for fall and spring. Please keep our initiatives in prayer as we expand our impact in our community.

3) The last Simpson Mass of the summer will be May 18.

4) Please be sure to sign up for Cor Jesu Rex (V.B.S.) It is coming soon! Go to vbs.mysta.org to register.

5) Mark your calendars for the annual St. Thomas Aquinas celebration! It will be on July 20. We will start to gather at 5 p.m. for games and fellowship, dinner served at 6 p.m.

Catechesis of the Good Shepherd (CGS)

Important beginning "works" in the atrium are called "practical life exercises". Even though many of the materials/items we have in the atrium *look* like toys and are enjoyed at such a level that it feels like play to the child, we always call them "works" because to work is to give a human being dignity. In *On Human Work*, [Laborem Exercens], no. 9), St. John Paul II states: "Work is a good thing for man—a good thing for his humanity—because through work man not only transforms nature, adapting it to his own needs, but he also achieves fulfillment as a human being and indeed, in a sense, becomes 'more a human being'."

These exercise help with the development/refinement of fine motor skills, self-control, and patience, which lead to the ability for contemplation. Every work a child does orients them towards life in the church. Pouring water readies them to prepare the cruets that are needed in mass for the priest to begin the Liturgy of the Eucharist. Folding cloths aids in laying out the altar cloth or using the purificator (the cloth used to wipe the cup during communion), or even unfolding the pall to cover the casket of a loved one before the funeral mass.



Here a child works in deep concentration, transferring water with a dropper from one vessel to another. This develops the "pincer grasp", which is crucial to pre-writing skills, as well as hand-eye coordination, which is linked to cognitive development. This 3 year old did this work for 20 minutes without breaking concentration

The church office will be closed on
May 26 for Memorial Day



Camino de San Lorenzo—"The Way of St. Lawrence"

A 3-Day Spiritual Pilgrimage

May 30-June 1st, 2025

Friday: Start the pilgrimage with Holy Mass at St. Patrick's in Perry, walking the High Trestle Trail to Woodward.

Saturday: Woodward to Slater, over the High Trestle Bridge, Reconciliation as you walk and Mass in Madrid.

Sunday: From Slater on our journey to St. Luke's in Ankeny.

Walk approximately 13 miles daily on the Recreational Trails

Join us for a Spiritual Journey

Register for the 3-Day Camino or choose one day to join us.

Deacon Tom for details tbradley@dmdiocese.org

Register [HERE](#)

Prayer List

For all those in need, Ginny Ann Tholund, Alex Lynch, Clara Hill, Axel Hammer, Leasa Garrett, Bryan Bradley, Kailey Peters, Kerri O'Meara, Carol Proctor, Helen Kollasch, Deanna Bahr, Doug Andreasen, Patrick Shandley, Martin Wernimont, Joan McElroy, John Schletzbaum & all the Souls in Purgatory

Please contact Jackie Ward at jjward71@gmail.com or 515-250-7385, Kris Gross at 515-210-0169 or Debbie McDaniel at 515-240-2029 to put someone on the Prayer Chain. They will notify the rest of the group to start immediate prayers.

We would like to offer a prayer shawl to parishioners who are ill or in need of comfort. The shawls were prayed over when created. Please make your request through one of the prayer chain leaders.

Please contact Michelle Helm at 515-961-3026 to add or remove names from the bulletin.

Creation Care



Corner

The children's posters for the prairie are just beautiful. If you haven't already done so, please take a little time and look at them as you reflect on the beauty of God's creation. They will be up through the month of May and then we will replace them with new reflections. When they are taken out, you can pick them up in the back of church on the side table. Thanks again to all who participated!

Thanks to all who attended John Huynh's talk on Care for God's Creation. It was great to hear a new perspective from our diocesan office.

"From panoramic vistas to the tiniest living form, nature is a constant source of wonder and awe. It is also a continuing revelation of the divine." Laudato Si' #85

Anyone interested in joining the Creation Care Team can call Rita Bresnan at 515-783-0643 or go to the Church App here: <https://stthomasindianola.churchcenter.com/groups/cause-oriented-groups/creation-care> and request to join.

ADORATION

Jesus said, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." (John 6: 35)

We just have a few hours to fill to have Tuesday's and Thursday's hours for adoration filled. Please consider signing up for one of the hours below so that we can have Adoration with Jesus exposed on Tuesdays and Thursdays soon.

Tuesday: 9 am, 2, and 3pm
Thursday: 12, and 5 pm

To sign up, complete the Adoration Box in by calling 515-344-



a form and place in the gathering space, 7850, or email at

spennani1976@outlook.com

Knights News June Activities

Leader: Wesley Neal 515-681-4874

Thursday June 5 InnerVisions Gala
 Contact davetrenkamp@gmail.com for information

Thursday June 12 Monthly Meeting
 Social Hour 6:30 to 7:00 Meeting 7:00 to 8:00

Sunday June 22 Annual Steak Fry
 Indianola Country Club 1:00 to 4:00 PM
 Contact Alan Harder at harderfam@yahoo.com or Wes Neal at wesleyneal515@gmail.com to reserve a spot. Let them know by June 16th if you plan to come.

All male parishioners 18 and over are always invited to attend our monthly meetings.

CATHOLIC SOCIAL TEACHING

LIFE AND DIGNITY OF THE HUMAN PERSON

"Peace must be born of mutual trust between nations rather than imposed on them through fear of one another's weapons. Hence everyone must labor to put an end at last to the arms race, and to make a true beginning of disarmament."



The Catholic Bishops of the World at the Second Vatican Council



ADA: Your contribution dollars at work
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- Disability Ministry
- Assists parishes in welcoming and building communities of belonging for people with disabilities and their families.
- Advocate for those with disabilities.
- Encourage access for those with special needs to formation programs, sacramental preparation, liturgy, and events in the diocese and parishes.
- Facilitate ASL interpreting services.

Come, Let Us Adore!



Benedictine Sisters of Perpetual Adoration

The Benedictine Sisters of Perpetual Adoration invite single women, ages 18-40, curious about religious life, to a Monastic Experience weekend July 18-20 in Clyde, MO. Learn about monastic life, Eucharistic Adoration, and discernment. There is no cost to attend. Details are available at www.Benedictinesisters.org under the Vocations tab. To register or for more information, contact Sr. Nancy Rose at (660)944-2221, ext 142, or email vocation@benedictinesisters.org

Job Opportunity

St. Anthony parish in Des Moines seeks a Business Manager who supports the mission of the parish by managing the day-to-day business operations including accounting, human resources, facilities, safe environment, and general administration. Working closely with the pastor and parish leadership, the Business Manager ensures responsible stewardship of parish resources and the smooth functioning of parish operations. Hours negotiable. Complete job description available on request. Send resume and letter of interest to:

Fr. Michael Amadeo
 15 Indianola Road
 Des Moines, IA 50315



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 <p>Iowa Realty Iowa's Largest Kim Tierney Keller 453-5320</p>	 <p>OVERTON FUNERAL HOME 501 W ASHLAND AVENUE - INDIANOLA - (515) 961-5121 office@overtonfunerals.com Funeral Directors Jeff Petersen - Alex Petersen - Elizabeth Waller</p>		<p>Jeff Smith Owner jeff@sccon92.com</p> <p>Smith's Collision Center Specializing in Auto Body Repair 710 E Second Ave. (515) 961-3688 Indianola, IA 50125 (515) 961-3689</p>
 <p>Optometric Associates Dr. Craig Winjum Dr. Michael O'Meara Dr. Jonathan Anderson 225 W. Ashland Ave, Suite 1</p>	<p>St Thomas Pastoral Center Available for your wedding receptions, family reunions, fundraisers. Call the Office 515-961-3026</p> 		 <p>ask. seek. knock. Join us And experience Christ, In a whole new way.</p>
 <p>Peoples Bank mybankpsb.com Member FDIC</p>	<p>A PERSONALIZED BAR SERVICE for your event. Crafted cocktails catered FOR YOU by our mixologists. We work together to ensure that your bar is tailored specifically to you and your event. We will work with you every step of the way.</p> <p>TOP IT OFF LIQUID CATERING 515-402-0660 • www.topitoff.com Exclusive liquor license at The Loft DSM. The Temple of Performing Arts & The Northridge Event Center</p>	<p>It's Never Too Late to Sweep Your Chimney!</p>  <p>• Chimney Sweeping • Air Duct & Dryer Vent Cleaning Call today! • 515-249-6337</p>	 <p>ATTORNEYS AT LAW</p>
 <p>INDIANOLA PHYSICAL THERAPY Work well. Play well. Live well. 21st Century Rehab Matt DeWall, M.P.T., C.S.C.S. 1507 N. 1st Street (515) 961-7435</p>	 <p>Andy Leech Financial Advisor 123 South Howard Indianola, IA 50125 515-961-5367 edwardjones.com</p>	<p>KRIER HOMES, INC 1004 S Jefferson Way Indianola, IA 50125 Phone: 515-961-7459 indianola@wausauhomes.com</p> 	<p>Stuyvesant, Strong, Krapfl, Carda Law Office Joe Strong & Terry Krapfl 106 E Salem Ave. (515-961-2574)</p>
 <p>2453 S.W. 9th St. Des Moines, Ia. 50315 Ph: 283-0453; 1-800-532-1157 www.skeffingtons.com Tuxes@skeffingtons.com The Best in Formal Wear</p>	 <p>MCCOY TRUE VALUE HARDWARE 216 N. HOWARD INDIANOLA, IA 50125 515-961-4755</p>	 <p>Dr. Sandra Fox 515-808-7000 Dental care for infants, children and teens in a warm, family-friendly environment</p>	<p>Space available Call 515-961-3026</p>
 <p>Tel: 515-961-5303 208 E Euclid Ave Indianola, IA 50125</p>	<p>Portable Welding Trailer Hitches</p>  <p>110 E. Boston Indianola, IA 50125 (515) 961-4924</p>	 <p>Jon Peterson, Kasey Peterson, Lee Snider, Directors 602 E Salem Ave Indianola, IA 515-961-3091</p>	<p>Wiegert Disposal Inc. Trash Service for Residential-Commercial-Industrial Dumpsters-Roll Offs Call for Free Estimates 515-764-2389 800-728-4908</p>



MAY 31 MAY CROWNING

**WE WOULD LOVE FOR YOU TO BE A PART
OF OUR SPECIAL ENSEMBLE TO HONOR
OUR BLESSED MOTHER!**

If you are interested, please go to
mary.mysta.org and fill out the form.
Or attend the information session after
the 4:30 Mass on May 17 and the
rehearsal on May 24 (also after the
4:30 Mass).