



## ST. THOMAS AQUINAS CATHOLIC CHURCH

210 S Wesley Street- Indianola, IA 50125

515-961-3026

*Weekend Mass: Saturday 4:30 pm - Sunday 8:00 am & 10:15 am*

*Daily Mass: Wednesday - Friday 8:00 am and Tuesday 8:00 pm*

*Mass at Smith Chapel on Simpson Campus: 5:00 pm on Sundays while school is in session*

*First Tuesday of the month at Good Samaritan Nursing Home: 9:30 am*

**Saturday, June 21**

**SAINT ALOYSIUS GONZAGA**

370: 2 Cor 12:1-10/Mt 6:24-34

3:30pm — 4:15pm Sacrament of Reconciliation

4:30 pm Mass at St. Thomas—Bev Elbert

**Sunday, June 22**

**CORPUS CHRISTI**

169: Gn 14:18-20/1 Cor 11:23-26/Lk 9:11b-17

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Mike Nestvedt

**Monday, June 23**

371: Gn 12:1-9/Mt 7:1-5

**NO MASS AT ST. THOMAS**

**Tuesday, June 24**

**THE NATIVITY OF ST. JOHN THE BAPTIST**

587: Is 49:1-6/Acts 13:22-26/Lk 1:57-66, 80

6:00 pm Mass at St. Thomas - Keith & Mary Joslyn

**Wednesday, June 25**

373: Gn 15:1-12, 17-18/Mt 7:15-20

8:00 am Mass at St. Thomas- Gary & Vivian Elbert

**Thursday, June 26**

374: Gn 16:1-12, 15-16 or 16:6b-12, 15-16/Mt 7:21-29

8:00 am Mass at St. Thomas - Beverly Krier

**Friday, June 27**

**THE MOST SACRED HEART OF JESUS**

172: Ez 34:11-16/Rom 5:5b-11/Lk 15:3-7

8:00 am Mass at St. Thomas

**Saturday, June 28**

376: Gn 18:1-15/Mt 8:5-17

3:30pm — 4:15pm Sacrament of Reconciliation

4:30 pm Mass at St. Thomas

**Sunday, June 29**

**SAINTS PETER AND PAUL, APOSTLES**

591: Acts 12:1-11/2 Tm 4:6-8, 17-18/Mt 16:13-19

8:00 am Mass at St. Thomas—For the People

10:15 am Mass at St. Thomas—Mary Brown

## St. Thomas Aquinas Staff

**515-961-3026**

Pastor: Fr. Adam Westphal

ext 201

Business Manager: Leasa Garrett

ext 200

Administrative Assistant: Michelle Helm

ext 205

Director of Religious Education: JoAnn Sayre

ext 202

Campus Ministry & Special Projects Coordinator: Trent Priest

ext 203

Youth Minister (STAT): Diane DeWall

ext 209

Maintenance: Jack Slinker

Housekeeper: Andrea Ooms

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**Deacon Support:** Rev. Mr. Dave O'Brien and Rev. Mr. Tom Hunkele

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**Eucharistic Adoration with Exposition** is available Wednesdays from 9:00 a.m. to 9:00 p.m. in the adoration chapel and most Friday mornings in the sanctuary.

**ROSARY:** Please join us in praying the rosary every Tuesday evening starting at 6:30pm in the church as we pray for peace, families and your special intentions. Also Wednesday, Thursday and Friday mornings the rosary is prayed at 7:40am.

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**Liturgy of Baptism:** Parents must attend pre-baptism classes. Please call the Parish Office to register.

**Liturgy of Marriage:** Call at least 6 months in advance to make arrangements. Pre-Marriage Program is required.

**Prayer Chain:** To be put on the prayer chain, call Kris Gross 515-210-0169, Jackie Ward 515-250-7385 or Debbie McDaniel 515-240-2029 or follow this link: [pray.mysta.org](http://pray.mysta.org)

**Care of the Sick & Homebound:** Call to request the Sacrament of the Sick or the Eucharist or follow this link: [care.mysta.org](http://care.mysta.org)


**Newcomers/Change of Addresses:** [new.mysta.org](http://new.mysta.org) Please update your address in a timely manner if you move.

**Bulletin Announcements:** Information must be in by 4PM on Tuesday to Michelle Helm - [mhelm@stthomasindianola.com](mailto:mhelm@stthomasindianola.com)

**Office Hours:** Monday-Friday 9:00a.m.-4:00p.m.

**Parish Office:** 515-961-3026

**Website:** [stthomasindianola.com](http://stthomasindianola.com)

 Saint Thomas Church Indianola IA

**For Sacramental Emergencies:** call 515-961-3026 when prompted push #7



## Father Adam's Five

FOR JUNE 19- JUNE 25

1) July 20 we are having our annual St. Thomas Celebration! 702 years ago this July St. Thomas Aquinas was made a Saint, and we are going to party...

We are looking for a head count to prepare meals- would you mind filling out a survey so we can know how much food to prepare? Please go to [702.mysta.org](http://702.mysta.org)

2) July 12, after 4:30 Mass, we will have an open house for our Catechesis of the Good Shepherd program. Please feel free to pop in and say hi!

3) Last weekend we gave a special card to all our fathers for Father's Day. We have some left over, so please feel free to take one (while supplies last).

4) This weekend we have our annual Missionary Appeal. This time we will welcome Msgr. Elvin Sunds from the Diocese of Jackson.

5) Next weekend Bailey Petersen will be here on Sunday to talk about her experience being trained as a FOCUS missionary and to invite us to participate in her missionary experience.

### The Feast of Corpus Christi- Celebrating the gift of the Eucharist

When Pope Urban IV instituted the Solemnity of Corpus Christ in 1264, he commissioned church doctor **St. Thomas Aquinas** to compose the texts for the Liturgical Office of Corpus Christi. The texts include the Sacris Solemnis, Panis Angelicus, Adoro Te Devote, Pange Lingua, and O Salutaris. Reflecting on the text, Pope Benedict XVI said,

*"They are masterpieces, still in use in the Church today, in which theology and poetry are fused. These texts pluck at the heartstrings in an expression of praise and gratitude to the Most Holy Sacrament, while the mind, penetrating the mystery with wonder, recognizes in the Eucharist the Living and Real Presence of Jesus, of his Sacrifice of love that reconciles us with the Father, and gives us salvation."*

### RE/STAT/Good Shepherd registration opens July 1

Registration will open for all religious education on July 1<sup>st</sup>. Good Shepherd will be offering a second night of Level I and Level II on Tuesdays instead of Sundays this year, so check your registration carefully. The Tuesday sessions will also be longer, so a snack will be provided on that day. Sessions fill up quickly so if you want your child in a certain time slot, be sure to register early. You can also register to be a catechist or helper through the same form.

## ADORATION

Precious Body, Precious Blood - Jesus I Trust in You.

We still have several hours of adoration on Tuesdays and Thursday that need to be filled. Please prayerfully consider signing up to spend an hour with Jesus each week.

Tuesday - adorers needed at 2 and 3 pm  
Wednesday - adorers needed at noon, 4 and 5 pm

Please contact Anitta Spenner at 515-344-7850 or [spennanil976@outlook.com](mailto:spennanil976@outlook.com).

You may also fill out a form in the gathering space and place it in the box marked "Adoration".

*"When we spend time in adoration before the Blessed Sacrament, we are allowing Jesus to work within us and mold us into His image. It is in His presence that our faith is strengthened and our souls are nourished." St. Faustina Kowalska*

## Prayer List

For all those in need, Aleisha Fox, JoAnn Sayre, Judy Garrett, Alex Lynch, Clara Hill, Axel Hammer, Bryan Bradley, Kailey Peters, Kerri O'Meara, Carol Proctor, Helen Kollasch, Deanna Bahr, Doug Andreasen, Patrick Shandle, Martin Wernimont, Joan McElroy, John Schletzbaum & all the Souls in Purgatory

Please contact Jackie Ward at [jjward71@gmail.com](mailto:jjward71@gmail.com) or 515-250-7385, Kris Gross at 515-210-0169 or Debbie McDaniel at 515-240-2029 to put someone on the Prayer Chain. They will notify the rest of the group to start immediate prayers.

We would like to offer a prayer shawl to parishioners who are ill or in need of comfort. The shawls were prayed over when created. Please make your request through one of the prayer chain leaders.

Please contact Michelle Helm at 515-961-3026 or [mhelm@stthomasindianola.com](mailto:mhelm@stthomasindianola.com) to add or remove names from the bulletin.

### Open House For Fr. Larry Hoffman's 80th Birthday

All are welcome to come to an Open House to celebrate Fr. Larry's 80th Birthday on Sunday July 6, 2-4 pm at St. Theresa's Parish Hall in Des Moines. No gifts please. Cards can be sent to 1390 Buffalo Road West Des Moines, Iowa 50265.





## Earth swaps

Here are 5 things you can do to make a difference:

1. Use Swedish dishcloths - They can replace up to 17 rolls of paper towels.
2. Use refillable cleaning spray - 2.5 billion plastic cleaning bottles end up in the landfill every year.
3. Use compostable garbage bags - Regular trash bags take 500 years to decompose.
4. Use laundry sheets - 900 million plastic jugs end up in a landfill every year.
5. Use bar soap (Castille is a good brand) for washing dishes - Soap contains phosphates which pollute the waterways.

Corner

Anyone interested in joining the Creation Care Team can call Rita Bresnan at 515-783-0643 or go to the Church App here: <https://stthomasindianola.churchcenter.com/groups/cause-oriented-groups/creation-care> and request to join.

## CATHOLIC SOCIAL TEACHING LIFE AND DIGNITY OF THE HUMAN PERSON

"Love for others, and in the first place, love for the poor, in whom the Church sees Christ himself, is made concrete in the promotion of Justice."

St. John Paul II



## Peter's Pence Collection- Be A Sign of Mercy

Next week we will take up the Peter's Pence Collection to support the Universal Church and the work of the Holy See, including the charitable works of Pope Leo. These works benefit our brothers and sisters on the margins of society, including victims of war, oppression, and disasters. Please be generous. For more information, visit [www.obolodisanpietro.va/en.html](http://www.obolodisanpietro.va/en.html)

## WELCOME TO MEDICARE



If you are approaching Medicare eligibility, join us for a "Welcome to Medicare" seminar, Sunday, June 29, 2025 at 4 p.m. in the Multi-Purpose Room. Kris Gross, who has over 30 years of experience with Medicare counseling and education, will present the basics of Medicare, including who is eligible, when to enroll, Medicare benefits, Original Medicare vs. Medicare Advantage, Medicare supplement insurance and Medicare Part D drug coverage. Registration is required by June 20.

Call 515-210-0169 or go to [W2M.mysta.org](http://W2M.mysta.org). Sponsored by the Social Concerns Committee and SHIIP (Senior Health Insurance Information Program).

## Food Assistance

Summer break is a great time to relax and recharge, but for some families, it also reduces access to meals and groceries. USDA SUN Meals Program, Food Bank of Iowa, and HHS Pantries provide free or low-cost food options during the summer months:

## FOOD ASSISTANCE DURING SUMMER BREAK



SCAN HERE  
CATHOLIC SCHOOLS  
OFFICE OF EDUCATION

Visit [dmdioocese.org/schools](http://dmdioocese.org/schools) or scan the QR code for more info. If you need support, please contact the Catholic Schools Office or your child's school.

## KNIGHTS NEWS

### July Events

Thursday July 10	Monthly Meeting	7 to 8PM
Thursday August 14	Monthly Meeting	7 to 8PM
Thursday August 14	CPID Day at the Iowa State Fair	

All male parishioners 18 and over are always invited to attend our monthly meetings.

## Praise in the Park

We're celebrating the Jubilee of Hope on July 19 with a day of Praise in the Park at the Jamie Hurd Amphitheater, in West Des Moines. Mark your calendar and join parishioners from across the diocese. From noon to 8 p.m. there will be live praise & worship from Array of Hope, Catholic speakers, Eucharistic adoration, food trucks, and games, ending with the celebration of the Mass at 6 p.m. Get more information at [dmdioocese.org/events](http://dmdioocese.org/events).

## School Careers - Employment Opportunities in Catholic Education

The **Catholic Schools Office** is hiring a Director of Student Services to oversee student support plans, behavior interventions, and teacher coaching. This person will work closely with students, families, teachers, counselors, and administrators to promote a positive learning environment for students with diverse learning needs.

### School Openings:

**Holy Family** is seeking a music teacher. This may be part-time at Holy Family or shared full-time between two schools in the Des Moines area.

**St. Joseph** is seeking an art teacher and middle school language arts teacher.

**St. Francis, St. Patrick, and St. Theresa** are seeking teacher associates for early childhood and K-8 classrooms.

**St. Augustin** is seeking a lunch director, responsible for scheduling, managing assistants, ordering supplies, budgeting, food preparation, and cleaning.

Visit [dmdioocese.org/school-careers](http://dmdioocese.org/school-careers) or scan the QR code to view the full job descriptions and apply.

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