



ST. THOMAS AQUINAS CATHOLIC CHURCH

210 S Wesley Street- Indianola, IA 50125

515-961-3026

Weekend Mass: Saturday 4:30 pm - Sunday 8:00 am & 10:15 am

Daily Mass: Wednesday - Friday 8:00 am and Tuesday 6:00 pm

Mass at Smith Chapel on Simpson Campus: 5:00 pm on Sundays while school is in session

Saturday, October 3

3:30pm — 4:10pm Sacrament of Reconciliation

4:30 pm Mass at St. Thomas- Bobbi and Dillion Adams

Sunday, October 4

8:00 am Mass-For the people

10:15 am Mass- Thomas Phillips and Bernice Miller
(B-Day)

5:00 pm Mass at Simpson College

Monday, October 5

No Mass at St. Thomas

Tuesday, October 6

6:00 pm Mass at St. Thomas- Josephine Sereg

Wednesday, October 7

8:00 am Mass at St. Thomas-

Thursday, October 8

8:00 am Mass at St. Thomas- Alex Lynch

Friday, October 9

8:00 am Mass at St. Thomas- Shirley Gass

Saturday, October 10

3:30 pm — 4:10 pm Sacrament of Reconciliation

4:30 pm Mass at St. Thomas- Bobbi and Dillon Adams

Sunday, October 11

8:00 am Mass-For the people

10:15 am Mass- Mark Schroeder

5:00 pm Mass at Simpson College

St. Thomas Aquinas Staff

Pastor: Fr. Adam Westphal ext 201

Bookkeeper: Beth McGinnis ext 202

Administrative Assistant: Riley Dykstra ext 205

Campus Ministry & Special Projects Coordinator: Trenton Priest ext 203

Youth Minister (STAT): Diane DeWall ext 209

Director of Catechesis of the Good Shepherd: Michelle Helm ext 200

Facility Rental Coordinator: Nicola Brummer ext 206

Housekeeper: Andrea Ooms

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Deacon Support: Rev. Mr. Tom Hunkele ext 208

Caring Hands: Patty Alexander ext 207

ROSARY: Tuesday Evening after Mass (~6:30).

Wednesday, Thursday and Friday mornings 7:40 a.m. in the church

Website: mysta.org

Care of the Sick & Homebound: For sacramental emergencies, call the office and when prompted for an extension press 7.

In non-emergency situations, call to request the Sacrament of the Sick or the Eucharist. You can also go to mysta.org/care

Become Catholic/Newcomers/Change of Addresses: mysta.org/new

Bulletin Announcements: Information must be in by 12PM on Wednesday to The Office - office@mysta.org

Office Hours by phone: Monday - Friday 9:00 am - 4:00 pm

Office Hours in person: Monday- Friday, 8:00 am- 4:30 pm

Parish Office: 515-961-3026 or office@mysta.org

For Sacramental Emergencies: call 515-961-3026
when prompted push #7

For questions about
sacraments
please visit
mysta.org/sacraments

Fr. Adam's Five for October 2 - October 9

Dear People,

This week I do not have a Father's Five for you. I am about to board a plane to fly to Rome for Connor Lynch's diaconate ordination. I do have an update on the message I included last week. I am continuing to ask people to consider joining our visioning committee to explore the possibility of a preschool at St. Thomas Aquinas; thanks to those who have expressed interest already. We will have to limit the committee to about 10 people, but please do fill out the form below if you are interested.

Here is the message I sent out last week:

[My Dear People,] I have news on a POTENTIAL ministry launch at St. Thomas Aquinas.

In the childhood survey I sent out in July, the option with the highest favorability rating was opening a preschool for our children. With those results in hand, we'd like to explore what it would take to launch a preschool at St. Thomas Aquinas.

The Diocese of Des Moines is in favor of this endeavor, and has been working for several years with the Tippie College of Business at the University of Iowa to conduct demographic studies about where to launch Catholic Education initiatives. Warren county, and Indianola specifically, was identified as a prime spot for a new Catholic preschool.

The Diocesan Catholic Schools Office will help us with many of the planning steps as we research what this will take. The next step for us is to form a visioning committee to begin behind-the-scenes work to explore the feasibility of this type of program at St. Thomas Aquinas, and to see what our facilities will allow us to accomplish. There is still much to investigate before we commit to this major ministry launch.

Please pray for this work.

Also, please consider serving on the visioning committee. We are looking for dedicated, hard-working people who are experienced in early childhood education, finance, construction, safety, administration, development, law, or some other area that would be beneficial to serve on this advisory committee.

Please express your interest by filling out the form found at mysta.org/preschool.

Blessings to you all,

Fr. Adam Westphal

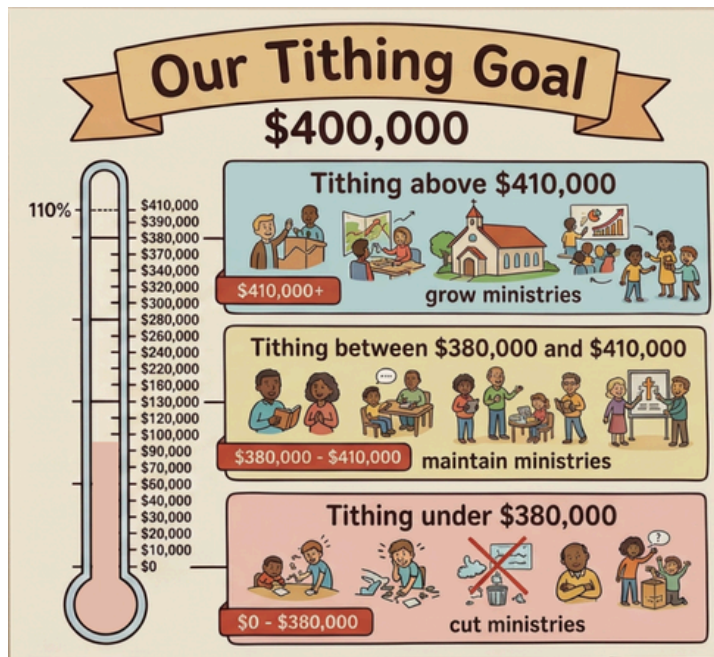
Care Center Masses

Fourth Thursday of the month : Good Samaritan
Nursing Home - 10:30 AM
Third Thursday of the month : Westview Care
Center - 10:30 AM

Eucharistic Adoration

Wednesday 9 AM - 9 PM
Thursday 9 a.m. - 5 p.m.

The chapel is
opposite the circular
room by the
NORTH ENTRANCE.



Online Giving:



Prayer List

Linda Mullen, Brian Adams, Aleisha Fox, Clara Hill,
Bryan Bradley, Kailey Peters, Carol Proctor, Deanna Bahr,
Doug Andreasen, Patrick Shandley, Martin Wernimont,
Joan McElroy, & all the Souls in Purgatory

Please contact Jackie Ward at jjward71@gmail.com
or 515-250-7385, Kris Gross at 515-210-0169 or Debbie McDaniel
at 515-240-2029 to put someone on the Prayer Chain. They will
notify the rest of the group to start immediate prayers.

You can also fill out the form at mysta.org/pray

We would like to offer a prayer shawl to parishioners who are ill or
in need of comfort. The shawls were prayed over when created.
Please make your request through one of the prayer chain leaders.
Please contact the Office at 515-961-3026 or office@mysta.org to
add or remove names from the bulletin.

Warren County Right to Life

Our Catholic Faith calls us to respect the dignity of all human life. Please join fellow Catholics in the protection of the unborn and life from conception to natural death! Our monthly meeting will be held on Tuesday, October 13th at 7pm. Enter the doors on the north side area classrooms. Contact Patty Alexander for more information at pseregalexander@gmail.com



Creation Care Corner



Practice observing and appreciating the beauty in creation that surrounds you. Saint Francis of Assisi offers Christians an example of genuine and deep respect for the integrity of creation. Saint Francis invited all of creation—animals, plants, natural forces, even Brother Sun and Sister Moon—to give honor and praise to the Lord. The poor man of Assisi gives us a striking witness that when we are at peace with God, we are better able to devote ourselves to building up that peace with all creation which is inseparable from peace among all peoples. We hope that the inspiration of Saint Francis will help us to keep ever alive a sense of 'fraternity' with all those good and beautiful things which Almighty God has created.



STARS



The St. Thomas Altar and Rosary Society will be praying the Rosary prior to all masses on the weekends in October.

Please be sure to join us for this beautiful spiritual gift. We will begin twenty minutes before mass time. If you would like to lead the Rosary, please contact Patty Alexander at pseregalexander@gmail.com.



GUIDING STAR CYCLE SHOW

St. Thomas will once again host the Guiding Star Cycle Workshop for **girls ages 9-12** on **November 14 from 9am to 2pm**. If you've ever felt uncertain how to start "that conversation" with your daughter, this workshop is for her!

The Guiding Star Cycle Show is a body-positive workshop that teaches girls about their hormones, menstrual hygiene, and the equation of life: (egg+sperm=new life) from a respectful, christian perspective. There is a mandatory parent meeting the evening before the workshop so parents will be fully informed regarding the curriculum.

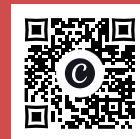
The cost is \$50 but there are scholarships available through St. Thomas if cost is prohibitive. The workshop can only accommodate 12, so it is first come first serve. Please reach out to Michelle Helm with questions at mhelm@mysta.org or 515-961-3026 ext. 200.

REMINDER: Please call the office or Caring Hands Ministry if you have a Catholic relative or friend who is hospitalized and would like Holy Communion to be brought to them.

HELP NEEDED

The next Gathering Table is **Monday, October 5.** We have been serving between 120-140 meals.

Please prayerfully consider helping out with main dishes, side dishes or dessert. Items can be put in the walk-in refrigerator early if you can't come by on Monday. Servers can come anytime between 4:30 and 5 p.m.



Knights News



October Meeting – Thursday Oct 8 – 7 to 8 PM
Social time is from 6:30 to 7:00 PM
Brats and refreshments will be served.
All Catholic males 18 and over are invited to attend the open house.

Fall Fish & Chicken Dinners -- Friday Oct 23
Adults & Carry-outs/\$15, Children (6 to 12) \$6
Children 5 and under are free.

2027 Walk for Life March in Washington DC
The Indianola Knights have set aside funds to provide financial support for anyone wanting to attend the National DC March for Life 2027. The trip is from January 20 to the 24. The signup deadline is November 12, 2026. E-mail Dave Trenkamp (davetrenkamp@gmail.com) or Adam Naughton (anaughton74@hotmail.com) if you are interested.

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Joe Strong & Terry Krapfl

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